

June 2006

ARIZONA MOUNTAINEER



*Mike Knarzer Leading the first pitch on Zoroaster
in the Grand Canyon*

The Arizona Mountaineering Club

Meetings: April Member meeting at the Phoenix Rock Gym, 1353 E. University Dr., Tempe at 7:00 p.m.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Call: (623) 878-2485

Email:

president@azmountaineeringclub.org
board@azmountaineeringclub.org

Websites:

www.amcaz.org - or -
www.azmountaineeringclub.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

Board of Directors:

President..... John Keedy 623-412-1452
Vice-President Robert England... 480-688-5412
Secretary Erik Filsinger 480-314-1089
Treasurer Clay Vollmer 602-595-7266
Director 2-year Dave McClintic .. 480-607-0890
Director 2-year Justin Iske..... 480-225-7739
Director 1-year Dave Van Hook .. 602-790-6283
Director 1-year Bill Fallon..... 602-996-9790
Past President Jutta Ulrich 602-234-3579

Committees:

Archivist..... Jef Sloat..... 602-316-1899
Classification..... Nancy Birdwell... 480-821-1932
Elections..... Dave Van Hook .. 602-790-6283
Equipment Rental Erik Filsinger 480-314-1089
Email..... Tricia Rudloff 623-580-7740
Land Advocacy..... Erik Filsinger 480-314-1089
Librarian..... Richard Kocher... 480-966-5568
Membership Rogil Schroeter ... 623-512-8465
Mountaineering Erik Filsinger 480-314-1089
Newsletter Robert England... 480-688-5412
Outings..... Frank Vers 480-947-9435
Programs Sheri Kenly..... 602-242-0504
Training & Schools.. Monica Miller 623-362-0456
 Basic Class Sally Larimer 480-425-9689
 Anchors Class..... Robert England... 480-821-4243
 Lead Class Mike Knarzer..... 602-751-1701
T-shirts..... Sally Larimer 480-425-9689
WebSite..... Kirra webadmin@amcaz.org

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*, The Access Fund newsletter. One can also join electronically at:

https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

This Month in the AMC

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Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 6151 N. 8th Ave., Phoenix, AZ 85013 or through email to azmountaineer@azmountaineeringclub.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, robert_england2@yahoo.com.

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

HOT STUFF!!!

Summer is Heating Up!

Time to head for the hills!

Go on neat climbs in the cool(er) country - at Indian Creek in Utah, the Overlook and Mt Elden near Flagstaff, Mt. Lemmon in Tucson, Tahquitz in California, the San Juans in Colorado, and Mt. Hayden in the Grand Canyon.

Library

You must be an AMC member; i. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

**July Newsletter Deadline:
12 June**

JUNE BIRTHDAYS

Rene Rodriguez 2, Stormy Rose 3, David Hansen 5, John Kadylak 5, Nancy Birdwell 8, Matt Percy 8, David Johnson 11, Sonia Overholser 11, Scott Parsons 11, Timothy Roehr 12, Justin Hatfield 13, Tim Medlock 13, Katherine Farber 14, Jason Garvan 15, Stacy LaFrance 18, Charlene Todd 18, Jean Sovitski 20, Karol Harvey 21, Tom Kirsch 25, Jeff Harvey 26, Don Mowry 28, John Fritz 30, Gabriel Howe 30, Tiina Perlman 30, Elliott Rector 30

Minutes of the AMC Board Meeting: May 8, 2006

Board members present: John Keedy, David McClintic, Clay Vollmer, Robert England, Erik Filsinger, David Van Hook, and Bill Fallon

Members present: Jodie Bostrom, Mike Knarzer

The meeting was called to order at 7:04 p.m. by Vice President and Meeting Presider, Robert England.

Minutes: Minutes of April 10, 2006 Board meeting were approved.

Treasurers Report: Approved as submitted.

President's Update: John Keedy discussed the recent T&S committee communications. He informed the Board that Monica Miller had resigned as T&S Chair. Her resignation was accepted.

Committee Reports:

Newsletter Committee. Robert England issued a request for more articles. The Board encouraged articles to be submitted on outdoor activities, not just official AMC outings.

Mountaineering Committee. Erik Filsinger reported on the Glacier Travel and Crevasse Rescue Class that was held. See separate report later in newsletter. Two outings are planned.

Programs. John Keedy with talk with PRG about holding Gear Swap meeting there. Alternatively North Mountain Park would be preferred over South Mountain Park.

Ad Hoc Committee on State Land use. Robert England discussed his meeting with policy makers in the State Land Department. He stated that they were presenting ideas for the opportunity to continue to use State Land for classes, if desired. A nominal weekend special use permit may be required for groups over 50.

Old Business:

Business cards and brochures. Erik Filsinger will try to locate the old versions and deliver to Robert England and Jodie Bostrom for revamping.

Tam O'Shantar. Clay Vollmer reported on a reception he attended with the State Parks Foundation, a fund raising non-profit organization to benefit state parks in Arizona. Erik Filsinger also reported on conversations he had with the incoming State Parks Foundation Chair.

Motion made, seconded and approved to continue dialog with the State Parks Foundation on the possibility of having climbers' input into the development of Tam O'Shantar as a State Park and to look into the organizational structures that could be used to have such input.

Outing Leader Status Policy: The following policy was put into a motion, which was seconded and approved by the Board as official AMC policy and to be incorporated into the official policy documents on the website.

AMC Policy on Outing Leader Status (adopted 5-8-06)

Once an AMC member is appointed by the Board to be an Outing Leader, he or she shall remain an Outing Leader until either he or she resigns or the Board removes him or her from

being an Outing Leader. However, Outing Leaders shall be designated to be either on Active or Inactive Status. The Active or Inactive Status shall be used to determine which AMC Outing Leader shall be published in the AMC Newsletter as an Outing Leader and which AMC Outing Leaders shall be eligible for yearly acknowledgements and appreciations. An Inactive Outing Leader shall be able to become Active merely by fulfilling the requirements for Active Status and providing evidence of same to the AMC President.

The intent of this policy is to encourage outing leaders to stay active in their leadership roles and to provide a means to track this activity.

Statement of Policy

Beginning with the year 2006 and continuing thereafter, an Active Outing Leader shall have earned 4 activity credits.

Activity credits can include, without limitation, formal outings, leadership roles in Grand Canyon trash pickup, climbing after the Queen Creek trash pickup, leading J-Tree Thanksgiving climbs, teaching an AMC class, leading graduate climbs for AMC Basic School or AARS, and other similar activities. All such activities earning credits shall be those in which an AMC Activity Release Form is required and filled in by the participants.

Activities in which a Commercial entity is participating do not count toward a credit.

Administration of Policy

Early in a new year, the Outings Chair shall review the credits earned and give the AMC President a list of those Outing Leaders he or she recommends be placed on Inactive Status. The AMC President shall act in his or her role as presiding officer of the club and ensure that the intent of the policy is carried out.

Acknowledgements and Appreciations

Without limitation to new types of acknowledgements and appreciations to be determined by the Board, some of these yearly items can be given to Active Outing Leaders:

1. Waiver of membership dues for the year after fulfilling the required number of credits.
2. Receipt of an AMC Outing Leader T-shirt
3. Other acknowledgements and appreciations as determined by The Board

The Board shall determine on a yearly basis which, if any, acknowledgements and appreciations shall be instituted for the year.

Survival Skills Class. Clay Vollmer will distribute information about the upcoming Survival Skills Class.

Outing Leader Career Path. The Board discussed a number of benefits of making the next step in the series of Rock Climbing Schools be a School aimed at training the next generation of AMC Outing Leaders. Clay Vollmer was tasked with reviewing existing materials and bringing a proposal for reinstating Outing Leader training to the Board.

New Business;

T&S Chair Opening. A new T&S Chair will be discussed at the next Board meeting.

Meeting adjourned at 8:55 p.m.

Discount Directory

The following merchants currently offer a discount to AMC members:

Arizona Hiking Shack—11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 15% discount.

AZ on the Rocks Gym — 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. Gym membership 10% off for AMC members.

OvertheCrux Inside Phoenix Rock Gym at 1353 E. University Dr., Tempe.. 480-890-0997. 15% off to AMC members.

Solid Rock Gym — 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 Gym membership 10% off for AMC members.

Rental Equipment

EQUIPMENT	Qty	\$Dep	1-3day	4-7day
MSR Alpine snowshoes.	5	32	10	16
Ice Crampons	5	26	8	13
Ice axes (70 cm)	6	16	5	8
Ice axes (90 cm)	5	14	5	7
Snow shovel	1	8	3	4
PortaLedge	1	100	30	50
Climbing shoes	Various sizes Call			

Equipment Rental Policy: All equipment rentals shall be only to current AMC members. AMC members renting equipment shall contact the Rental Committee Chair and arrange a time for pick-up and drop-off of rentals. Rental rates shall be as published in the AMC Newsletter. Two checks shall be collected from the renter. The first being for the rental amount. It will be placed into AMC accounts. The second check shall be a deposit held against the return of the item. It will be held and given back to the renter upon return of the equipment. If the return is not timely, is damaged, or is lost, the second check shall be held against the late amounts due or against any replacement or repair required. The AMC Member renting the equipment shall be expected to replace any lost or damaged equipment.

An AMC rental form (found under the Forms section of the website) will be used and will identify the name and contact information of the renter, the items rented, the rent due, as well as the replacement cost, along with statements indicating the renter's responsibilities for returning or replacing the items.

Call Linda Locke at (602) 997-4235 for shoes. For everything else, call Erik Filsinger at 480-314-1089.

Treasurer's Report

Arizona Mountaineering Club
Income Statement
Month Ended April 30, 2006

INCOME	
Dues 2006	4,553.00
Interest	129.09
T-Shirts (Grand Canyon)	120.00
Mountaineering Schools	650.00
Rental Equipment	95.00
AARS Spring	75.00
Basic Spring	3200.00
Lead Spring	975.00
TOTAL INCOME	9797.09

EXPENSES	
Admin	591.78
T-Shirts (Grand Canyon)	319.50
Bank Charges	4.00
Land Advocacy Committee	200.00
Mountaineering	313.78
Newsletter	1139.85
Outings	120.00
Outing Leaders	454.15
Programs Monthly Meeting	1451.95
Training	4965.29
TOTAL EXPENSES	9560.30

OVERALL TOTAL 236.79

Account Balances	
CD Account (as of 7/21/06)	10,250.82
Checking (as of 4/30/06)	12,056.97
TOTAL CASH ASSETS	22,307.79

Other Assets (gear) 2,251.71
OVERALL TOTAL 24,559.50

Zen-Lizard Systems Presents

X-Chalk

The world's first rock climbing chalk that soothes hot and ripped up fingers —as you climb! Also helps heal cuts and scratches. All natural —no chemicals. Available at the Phoenix Rock Gym, Climbmax, the Arizona Hiking Shack, and online at:

<http://www.zen-lizard.com>



June Meeting Swap Meet at the Phoenix Rock Gym - June 18, 2006

Barbarians bring something to char over the charcoal provided by AMC.
(You others enjoy your cold tofu).

Sort through your gear -- climbing, camping, cycling, diving, canoeing, bungee-jumping, scuba, skateboarding, skiing, and like that - anything someone else might find useful.

Mark a modest price on it and bring it to sell or swap for other neat junk.

Directions - Phoenix Rock Gym is located on University Avenue between McClintock and Scottsdale Roads
(opposite the west end of SRP's solar farm).

The trouble (and the fires) begin at 7:00. There may be a brief business meeting (something about spending money) if deemed it meet and right and politic to call one. Otherwise, let sybaritic excesses or laissez-faire commercial greed (your choice) have free reign until 9:00, when they kick us all out.

NEW MEMBERS - Climbers - Please Welcome:

Coy Collins, Eva-Lorena Collins, Jennifer Fogle, Eric Petermann

Help Wanted - Basic School Information Coordinator

October will be Slawa's last time to help with the Basic School. We need someone to take her position. The job consist of: collecting names, etc. of anyone interested in taking Basic; sending them flyers; collecting waivers and money from them; producing the registration sheets for each class; and eventually, training your replacement. Please contact Rogil (623-512-8465) or Rogil@cox.net if interested.

Anchors School - Spring 2006

Congratulations to Anchors School Students:

Suzy Allegra, Bill Arndt, Michele Bobik, Barry Boyd, Kelly Brentas, Ryan Diehl,
Erin Livingston, Kevin Miller, Tina Price, Michael Tribuno, Steven Wolpert,
Steve Zaporowski

and

Thank you! to all of the volunteers that made the school possible:

Ronald Auerbach, Nancy Birdwell, Brian Crawford, Robert England, Bill Fallon,
Daniel Gonzales, Justin Iske, John Keedy, Mike Knarzer, Clare Mix, Sonia Overholser,
Tricia Rudloff, Rogil Schroeter, Paul Valenzuela, Keith Waldrup, Patti Waldrup

Queen Creek climbing area access issue

Climb it? Or mine it?



Recreational access to the Queen Creek climbing area is being threatened by a copper mine that has been proposed by the Resolution Copper Company.

Resolution Copper is trying to take over Oak Flat campground via a congressionally legislated land swap, which in turn would threaten access to all these areas: Queen Creek Canyon, Apache Leap, Devils Canyon, Hackberry Canyon, etc.

We need your help to keep this world-class climbing area (and home of the Phoenix BoulderBlast) from disappearing forever into a big hole in the ground. Join the Friends of Queen Creek!

We are not opposed to mining. But we are FOR ACCESS! We need to make Resolution Copper develop their mine in such a way as to preserve recreational access to these public lands.

Be a Friend of Queen Creek. Act now to help preserve access to your public lands by subscribing to the Friends of Queen Creek FREE e-mail action list at info@friendsofqueencreek.com

www.friendsofqueencreek.com

The AMC is represented on the Steering Committee of Friends of Queen Creek.

Mountain Trails, Gods, and Things

I am just sitting down after dodging an endless series of Lexus and Mercedes SUV's on my way back from Lost Dog Wash, where I took my morning run. Perhaps it was the excellent cerveza with Matt and Kelly last night as we planned alpine adventures; Perhaps it was Maria Callas lulling me to sleep with "O mio babino caro" from Gianni Schicchi by Puccini...there is no instrument that approaches the human voice; But some friends from the other worlds joined me on the run this morning and helped me write the following tale.

It all started as I sat on a flat, dark rock, alone at the trailhead, and began to stretch. Across the street a coyote approached. He turned quickly and ran back through the bush. I was disappointed, enjoying a morning conversation.

"Okay, let's run," went my internal dialog.

I felt a little stiff, so my pace was slow and the sun had yet to rise. But as I opened my mind in time with my pace, Coyote appeared beside me.

"Hello, friend," was all we said.

Not too far up the trail a large man, but really a Bear ambled toward us. We all said "Good morning."

Coyote turned to me and laughed, "Did you see that Bear pretending to be a Man?"

"I did indeed," I replied, and we continued on in pace together. "I miss my Bear friend Dan," I thought. "I wonder how the Basic Training is going?"

I always loved how Coyote runs, his feet barely touching the ground. His head swaying side to side.

The hill steepened, and my run slowed to a brief walk as I ran out of breath. Coyote was still with me. "Not much to say today," I queried.

"Nope" was the reply.

Somewhere on the hill he went off to chase rabbits and I continued to run. My breath labored. A damn good workout.

Up to the left my Shaman friend appeared sitting on his Red Sandstone Ledge in Monument Valley.

"Brother," we said to each other. He had been my guide for many years, but again, we continued to Experience in silence. It was interesting how comfortable we were there - him sitting and me running. We were more peers, though in honesty I still ask him questions, and he doesn't ask me.

The sun had caught the top of a rocky subpeak, and I saw a Spirit sitting there. She did not reveal herself to me, and I really couldn't tell who it was. Part of me wanted to visit her. Part of me wanted to keep running. I chose to run today. We will meet again.

A day of mysteries it would seem.

I was now getting into the Workout Zone where the Source becomes my focus and my mind is fully open and my energy comes not from me but from the Source. The trail is not so steep, no matter how rocky. My breathing easier, no matter how I push.

As the trail crests, there is a metal hitching post for horses. As I transitioned from shade into the sun the hair on the back of my neck rose I was covered in goose bumps. I was terrified for a second. Some loud noise was approaching literally shaking the ground, but I quickly smiled. It was my wonderful horse, my Stallion, my friend and my companion from the glory days in 1105. The battles we had fought in together. The victories we had won. The Horse that never lost; the Horse that never aged.

I gave him a hug around the neck and mounted. We were a loud pair running there along the ridgeline. Down toward Fountain Hills I saw a battle we had left. So many bodies. Too much blood. I am still atoning from all that Glory.

"Still bothers you, doesn't it?" Horse inquired.

"I am a better man for it," I replied in all honesty. "Do you want to go to the Peak with me?"

"I'll wait here. I like the view. You know how I like run ridges and that the peaks meant little to me."

Now breathing heavily again, I dismounted and hiked up. I saw the views. I looked over to Four Peaks. It was

somewhat anticlimactic being on the Peak all alone.

My Horse was waiting for me on the ridge, but didn't want me to ride him. "Let's hike.

Mountain Trails, Gods, and Things (continued)

"On that large rock you the Reader may know across from the metal hitching post my mind's eye caught a body draped in sad death. He turned into a Raven when my head swung around. The Raven cocked his head southward, away from me. I wondered why so few Spirits wanted to talk today.

"Okay, I will run by myself for a while." It was downhill and I wasn't breathing as hard. I did stink, though, and should have put on a fresh shirt.

A presence came upon me silently far above in the sky. It was probably five minutes later and further down the trail that I identified the source of the premonition. Two of the small one person glider planes swung up from over the ridge to the north. It is interesting to sense the future before it happens. It looked like they were having fun.

I suppose there were other humans passing by from time to time. Two young women (heck, I have to admit I notice) all prettified in Gucci workout clothes (okay, I don't give a coyote's tail...) and listening to the MP3 players were hardly breaking a sweat. It would have spoiled their Look.

"How do their Soul's breathe through all that makeup?" I asked myself, but no one chose to reply.

On impulse I began imitating the looping, side to side cadence of Coyote's trot. I saw my shadow and laughed.

"Stop that or I will bite you arse!" Coyote had bounced back onto the trail. "You are making fun of me."

"Don't you know it is the highest form of compliment to copy another?" I countered.

I stopped by a bush and peed. Coyote also peed.

"Ha, what type of canine are you? You didn't stop to sniff my pee on the bush. My dogs always do!" I thought I had him, but then I realized I hadn't sniffed his pee either.

He just gave me that knowing Coyote smile.

Submitted by Erik Filsinger

It Was The Hardest Thing I Have Ever Done ...

Scott Parsons was dreaming of climbing Zoroaster Temple in the Grand Canyon for quite some time. Mike Knarzer had heard him talk about it long enough, so he challenged Scott to set the date. They decided April 20th would be the start of a great adventure, and Justin York and I were lucky enough to be invited!

Day One: At 11 pm, we were greeted by coyote chasing mule deer in the Grand Canyon Backcountry Permit parking lot. The back of the truck and a parking space were our accommodations for the night. No one slept well; we were all anxious to start the approach and climb!

Day Two: At sunrise, we ate a hearty cafeteria breakfast. Scott went to the backcountry permit office to see if we could get a permit to camp at the Bright Angel Campground. Luckily, he ran into a guy trying to "scalp" his permit. Scott had to work out the details with the park ranger, and once that was squared away we grabbed our packs and hopped on the village shuttle to the South Kaibab Trailhead.

Scott and Mike literally skipped and sang down the trail – all the way to the campground (Mike would suffer later). Justin and I took our time, took pictures, and made it to the campground soon after Mike and Scott. After setting up camp, eating lunch and taking a 30 minute nap, we packed our packs with water only and hiked up the Clear Creek Trail to Sumner Wash. Days three and four would be spent in an area with no water, and many attempts at Zoro have been short-lived due to lack of water. We stashed our cache about 300 yards up the wash, then hiked back down to Phantom Ranch. It was a long, hot, grueling day. We ate dinner, went to the cantina for lemonade and beers, and hit the sack.

Statistics:

hiked down 5000 feet in 7.1 miles to Phantom Ranch

hiked up 1500 feet in 3.5 miles to Sumner Wash

hiked down 1500 feet in 3.5 miles to Phantom Ranch

Total mileage was 14 miles with 6500 feet in elevation lost and 1500 feet in elevation gained.

Minor Injuries:

Parsons – none

Knarzer – tight and painful calf muscles (told you not to skip down the trail!)

York – pulled leg muscle above the left knee

Bostrom – cuticles on big toenails are red, swollen, and puffy (notice I changed the word Justin!)

It Was The Hardest Thing I Have Ever Done ... (continued)

Day Three: We woke up, ate breakfast, packed our packs with camping/climbing gear and headed up Clear Creek Trail to Sumner Wash. From our cache of water, we hiked all our camping/climbing gear to the break in the Red Wall. Then, we hiked back down and picked up our cache of water and hiked it up to the break in the Red Wall. A cache of water was left at the base of the Red Wall for the hike out. We hauled packs and water up a few chimneys in the break. Once we were at the top, we set up camp (an absolutely beautiful place), got in some bouldering, enjoyed the sunset, made dinner and passed out to Mike reading John Steinbeck by headlamp.

Statistics:

hiked up 3000 feet in about 4.7 miles to the top of the Red Wall

hiked down 1500 feet in 1.2 miles

hiked up 1500 feet in 1.2 miles

Total mileage was 7.1 miles with 4500 feet in elevation gained and 1500 feet in elevation lost.

Injuries:

Parsons - same

Knarzer – still walking like a Neanderthal

York – wrapped the injury with an ace bandage and duct tape (seems to be working)

Bostrom – taped the toes (don't know what is happening under there)

Day Four: Time to climb! We woke up, ate breakfast and got our climbing gear together. Since Mike would be leading all the pitches on Zoro, he put together a rack based on previous trip reports. We carried three ropes.

Cairns led us to the first of three chimneys which allowed us to get up what appeared to be impenetrable sandstone cliffs below Zoroaster. Next, we had a long traverse on a narrow path that consisted of loose sand and sandstone. It was a heady traverse, because there was nothing between us and the 2000' to 3000' dropoff. Eventually, this path ended at a break in the red sandstone cliffs. We climbed two sections of class 4, then a class 3 section, and eventually made our way to the Northeast Arête.

Mike Knarzer was on fire. He was all about the climb and he turned this six pitch climb into three pitches. The first and second pitches were not any harder than a 5.7. The third and four pitches were 5.9, a large block of sandstone had fallen off the route the previous year making the climb more difficult. The fifth and sixth pitch were my favorite! Overall rating should be a 5.9+ (old school) – Mike did his own variation on the route. It included a traverse that led into a chimney with a double crack system, and then led into an offwidth section. Hard! Awesome!

We had reached the end of the technical climb, but to reach the summit we had to climb a huge chimney. Once on top, we were rewarded with amazing views of the canyon. We spent half an hour taking in the views, signing the register and taking pictures. It was hard to leave.

Three raps to get off the route and the reverse of what has been described herein took us to the base of the first chimney we climbed that morning. We ran out of daylight, and couldn't locate the cairns that would lead us to camp. Luckily, Scott and Justin had located our bivy site before darkness hit, and we ended up rapping the remaining headwalls not far from camp.

Statistics:

hiked/climbed up 2000 feet in 1.5 miles to the base of the climb

hiked/climbed down 2000 feet in 1.5 miles to our bivy site

Total mileage was 3 miles with 2000 feet in elevation gained and 2000 feet in elevation lost.

Injuries:

Parsons - same

Knarzer – climbing has temporarily healed him of his injuries!

York – same

Bostrom – same

Day Five: We woke up, ate breakfast, and packed up our camp. We descended the gully, hiked down Sumner Wash to Clear Creek Trail and hiked on to Phantom Ranch. After resting, eating and using the restrooms, we hiked on to Indian Gardens. After another round of resting, eating and bathroom breaks, we were ready to finish this thing. Before dark, we all rose out of the canyon on Bright Angel Trail to the South Rim of the Grand Canyon.

Statistics:

hiked down 3000 feet in 4.7 miles to Phantom Ranch

hiked up 4800 feet in 9.5 miles up the Bright Angel Trail

Total mileage was 14.2 miles with 3000 feet in elevation lost and 4800 feet in elevation gained.

Injuries:

Parsons – same (those prescription drugs from Mexico did wonders for him!)

Knarzer – back to crawling on all fours

It Was The Hardest Thing I Have Ever Done ... (continued)

York – same
Bostrom – same

It was an awesome achievement as individuals and as a team. For me, it was the hardest thing I have ever done, and I wouldn't have missed it for the world. A special thanks to Scott for handling the details and logistics, and Mike for leading us up and down the climb.

Overall Statistics:
hiked 38.2 miles
lost 13000 feet in elevation
gained 12800 feet in elevation
(diff in elevation of South Kaibab trailhead and Bright Angel Trailhead)

Team Zoro rocks!
Jodie Bostrom

(Note: Statistics were taken from a previous trip report)



Team Zoro!
Mike Knarzer, Jodie Bostrom,
Scott Parsons, Justin York



Justin York hails Zoroaster from the
intersection of the Clear Creek Trail
and Sumner Wash



Scott rappelling from the top of
Zoroaster.



Become an AMC Outing Leader

General requirements for becoming an AMC outing leader:

- Be a member for at least one year
- Take the Basic, Anchors and Lead classes (or equivalents)
- Complete a basic first aid and CPR class (8 hours or more)
- Submit an application to the Classification Chairperson
- Apprentice on at least three outings with approved outing leaders
- Get recommendation from at least five current outing leaders (including those from apprentice outings)
- Be approved by the Board of Directors.

For more information, contact the Classification Chairperson, Nancy Birdwell at (480) 821-1932.



Current AMC Outing Leaders



Robert England480-688-5412	David Larimer 480-425-9689	Jef Sloat..... 602-316-1899
Erik Filsinger602-906-1186	Sally Borg Larimer 480-425-9689	Mick Strole..... 520-856-3335
Scott Hoffman.....623-580-8909	Tim Medlock 480-963-3496	Paul Valenzuela..... 602-705-3106
Richard Horst.....623-434-4769	Monica Miller 623-362-0456	Frank Vers..... 480-947-9435
David Johnson.....623-486-7387	Chris Query 602-323-5927	<i>Your name here!</i>
John Keedy623-412-1452	Tim Schneider 480-497-8377	
Mike Knarzer602-751-1701	Rogil Schroeter 623-512-8465	
Tim Lange.....480-598-9124	Wayne Schroeter.... 602-402-1631	

Calendar of Events

AMC Outings

Please note: It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

Group outings are intended to be social climbing experiences with no supervision. They may or may not be organized by an AMC Outing Leader. If they are organized by an AMC Outing Leader, the Leader will only be responsible for organizing the time, date, meeting places, and any necessary camping. The AMC Outing Leader may also set anchors, but will not be responsible for supervising any climbing activity or for monitoring the anchors they set. Participants are responsible for their own climbing activities, their own climbing partners, and for monitoring anchors, whether set by an AMC Outing Leader or not. Participants are also responsible for their own conduct and safety at the campsite and during any approaches to and from the climbing areas. If any AMC equipment is used for the outing, the participants using that equipment are responsible for checking the equipment before use and for using the equipment properly and in the safest manner possible. The campsite, where possible, may be reserved and paid for by the AMC. Parking may be first-come, first-served.

Billboard - Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Mondays Solid Rock Gym at 6pm-8pm. Call Rogil (623)-512-8465 for info.

Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

Commercially Provided Training and Events

The events listed below are provided by commercial outfitters for the benefit of AMC members. They are not AMC Outings, nor are they led by AMC Outing Leaders, though they may be open only to AMC members. The commercial outfitter is solely responsible for all aspects of the outing, not AMC. While, in most cases, an AMC member may provide a service by AMC collecting the names of prospective participants and handling the logistics of out-of-town events, participants will sign up directly with the commercial outfitter.

Aug 26-27 - Survival Skills Course by Cody Lundin, Director of the Aboriginal Living Skills

School (<http://www.alsadventures.com/>). The course location will be in the Prescott area or north of Prescott. The final location will be determined by Cody about 1 month before the course based on wildfire restrictions and forest closures. The class will be limited to 20 and will cost \$155.00 per person. Additional detail, not available in time for printing in the June newsletter, is forthcoming.

Sept 8-10 - Backcountry Emergency Care, \$125.00. Twenty hour class in Wilderness First Aid. Class is Friday evening, all day Saturday and all day Sunday. If interested, contact Rogil at rogil@cox.com or 623-512-8465. Limit 20 students. First 20 to pay are in. AMC membership is required. Membership is \$30 for single, \$35 for family.

June 2006

AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge.			Sunrise 5:20 A Sunset 7:33P M-set 11:48P	1	2	3 <i>1st Qtr</i>
4	5	6	7 Sunrise 5:18A Sunset 7:36P M-set 2:22A	8	9	10
11 <i>Full Moon</i>	12	13	14 Sunrise 5:18A Sunset 7:39P M-rise 10:49P	15	16	17
18 AMC BBQ & Swap Meet <i>Last Qtr</i>	19	20	21 Sunrise 5:19A Sunset 7:41P M-rise 1:58A	22	23	24
25 <i>New Moon</i>	26	27	28 Sunrise 5:21A Sunset 7:42P M-set 10:18P	29	30	