

March 2006

ARIZONA MOUNTAINEER

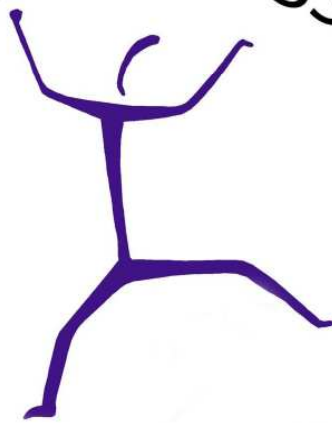
AMC ROCK CLIMBING SCHOOLS



Basic

**Expand your
climbing partner
base!**

SHARE THE PASSION



Anchors



Lead

Invite your family, friends, and coworkers to join in the fun!

The Arizona Mountaineering Club

Meetings: March member meeting at the Burton Burr Public Library, 1221 N. Central Avenue, south of McDowell on the east side of Central. at 7:00 p.m.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Call: (623) 878-2485

Email:

president@azmountaineeringclub.org
board@azmountaineeringclub.org

Websites:

www.amcaz.org - or -
www.azmountaineeringclub.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

Board of Directors:

President..... John Keedy 623-412-1452
Vice-President Robert England... 480-688-5412
Secretary Erik Filsinger 480-314-1089
Treasurer Clay Vollmer 602-595-7266
Director 2-year Dave McClintic .. 480-607-0890
Director 2-year Justin Iske 480-225-7739
Director 1-year Dave Van Hook .. 602-790-6283
Director 1-year Bill Fallon..... 602-996-9790
Past President Jutta Ulrich 602-234-3579

Committees:

Archivist..... Jef Sloat..... 602-316-1899
Classification..... Nancy Birdwell... 480-821-1932
Elections..... Dave Van Hook .. 602-790-6283
Equipment Rental Erik Filsinger 480-314-1089
Email..... Tricia Rudloff 623-580-7740
Land Advocacy..... Erik Filsinger 480-314-1089
Librarian..... Richard Kocher... 480-966-5568
Membership Rogil Schroeter ... 623-512-8465
Mountaineering Erik Filsinger 480-314-1089
Newsletter Wally Vegors..... 602-246-9341
NL Apprentice Robert England... 480-688-5412
Outings..... Frank Vers 480-947-9435
Programs Sheri Kenly..... 602-242-0504
Training & Schools.. Monica Miller 623-362-0456
Basic Class Sally Larimer 480-425-9689
Anchors Class..... Robert England... 480-821-4243
Lead Class Mike Knarzer..... 602-751-1701
T-shirts..... Sally Larimer 480-425-9689
WebSite..... Kirra webadmin@amcaz.org

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*, The Access Fund newsletter. One can also join electronically at:

https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

This Month in the AMC

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HOT STUFF!!!

Spiderwalk Climb!

**Superstition
Ridgeline Hike!**

**AMC Basic School
Spring Session!**

Red Rocks Rendezvous!

**Queen Creek Cleanup
And Climb!**

Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 6151 N. 8th Ave., Phoenix, AZ 85013 or through email to azmountaineer@azmountaineeringclub.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (602) 246-9341, wvegors@cox.net, or his assistant Robert England, (480)-688-5412, robert_england2@yahoo.com.

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a

Library

You must be an AMC member; i. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

**April Newsletter
Deadline
17 Mar.**

MARCH BIRTHDAYS

Jordan Dille 1, Bruce McIntyre 1, Brian Crawford 2, Kay Alderton 3, Richard Horst 6, Michele Bobik 9, Tui Conner 9, Wayne Schroeter 9, Addison Demlong 10, Bernadine Lenahan 10, Ronald Auerbach 11, Catherine Conner 11, Daniel Beatty 12, Valerie Bednar 12, Kurt Korpong 13, Beth Ransford 13, Elisa Scinto 13, Kathleen Shepler 13, Forest Brown 14, Roger Fuller 15, Matthew Fritze 16, John Perlman 16, Nick Hoffman 20, Alexander Hardt 21, Gary Christ 22, Marcy Makarewicz 22, Nina McClure 22, Randy Goodale 23, Whitney Rice 25, Gordon Miller 26, Eve Hoffman 27, John Kynyk 27, Bill Kurek 28, Michal Danek 30

Minutes of the AMC Board Meeting: 13 Feb 2006

Board Members Present: John Keedy, Robert England, Clay Vollmer, Dave Van Hook, Dave McClintic, Bill Fallon, Jutta Ulrich, Erik Filsinger

Committee Chairs Present: Wally Vegors

Members Present: Paul Mandel, Paul Valenzuela, Scott Hoffman

Meeting Called to Order at 7:00 p.m. by John Keedy. As current Vice President John installed the new Board members. Jutta Ulrich installed John when she arrived.

Approval of Minutes: Motion made, seconded and approved for the January 9, 2006 Board meeting. Motion made, seconded and approved to keep minutes without reference to names of individuals making motions or voting on motions.

Treasurer's Report: Clay Vollmer presented the Treasurer's Report, which was then accepted by the Board.

President's Report: John Keedy outlined his priorities for 2006. They are as follows:

- Find a consistent meeting place for the Member meetings.
- Resolve the issue of where to hold the AMC schools.
- Identify and approve more AMC Outing Leaders.
- Encourage more AMC Outings, targeting at least 2 per month.
- Reinvigorate the AMC Leader Training course(s) even if we need to be flexible in the format and content of same.

Committee Reports:

Bruce McHenry is the new coordinator of the AMC yahoo group "egroups." Bruce will place Kirra onto the Board, Leaders and Chairs yahoo egroup lists.

There were 437 AMC members in February.

Bruce McHenry briefed the Board on the club's risk management practices and considerations, including Errors & Omissions and General Liability insurance.

Wally Vegors reported that Robert England has agreed to provide him back-up on the newsletter preparation. The AMC may need to purchase some desktop publishing software.

John Keedy asked those present for outings in March. Several were discussed.

There was a brief discussion of members' meeting locations.

T&S committee will meet on March 1. Contact Monica Miller for time and location.

Erik Filsinger reported that he would like to identify a Co-Chair of the Mountaineering Committee to begin a transition plan for his eventual replacement. Bruce McHenry volunteered and the Board approved him to be Co-Chair of the Mountaineering Committee.

Erik Filsinger also asked for Board help and ideas on identifying a Co-Chair for eventual transition of the Land Advocacy chair position he holds.

Old Business:

Dave Van Hook presented a proposal for he and Danny

Gonzales to have continued support for their Repeat Ascenders program. Motion made, seconded and approved for continued support of the Repeat Ascenders program for disadvantaged kids in the Valley.

Clay Vollmer presented ideas about Outing Leader T-shirt design and received Board direction and approval for his producing the t-shirts.

Erik Filsinger presented a draft proposal for Criteria for Evaluating Alpine Leaders. Discussion ensued. Erik and Bruce will produce a new draft.

It was reaffirmed that the AMC will help Tim Kovacs and CAMRA transcribe into electronic format the accident report of the fatality on Mt. Humphreys.

Robert England will prepare the Club Calendar and will place it on the AMC website.

The Board reaffirmed its desire to when possible meet on the 2nd Monday of the month, with the member meeting when possible two weeks later.

Motion made, seconded and approved to provide Erik Filsinger 1/2 of the cost (\$65) of participating in an upcoming Wilderness First Aid course offered by REI.

Paul Mandel and Paul Valenzuela presented the case for holding the AMC rock climbing schools in north Scottsdale on State Land, even if it cost club monies for permits. A lengthy discussion ensued.

The President appointed an ad-hoc committee to investigate the issue further. Robert England will chair the ad-hoc committee. He, Erik Filsinger as Land Advocacy Chair, and Bill Fallon as Board member, will attempt to initiate a dialog with the State Land Department to find the facts as the basis for an informed decision. T&S Committee will be brought into the process. Ad-hoc committee members will also include Board member Dave McClintic and AMC members Paul Mandel and Paul Valenzuela. Motion made, seconded and approved to advertise CAMRA's 2006 recruitment bulletin in the AMC newsletter.

President Keedy pointed out that we need to begin formalizing the use of AMCAZ.org as the official website address in all club materials.

Jutta Ulrich thanked outgoing Board members for their help during the past challenging year and pointed to the progress made on many fronts. In turn, the Board thanked Jutta for her great job as President in 2005.

Motion made, seconded and approved to adjourn at 9:10 p.m.

Discount Directory

The following merchants currently offer a discount to AMC members:

Arizona Hiking Shack—11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 15% discount.

AZ on the Rocks Gym — 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. Gym membership 10% off for AMC members.

OvertheCrux Inside Phoenix Rock Gym at 1353 E. University Dr., Tempe. 480-890-0997. 15% off to AMC members.

Solid Rock Gym — 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 Gym membership 10% off for AMC members.

Rental Equipment

EQUIPMENT	Qty	\$Dep	1-3day	4-7day
MSR Alpine snowshoes	5	32	10	16
Ice Crampons	5	26	8	13
Ice axes (70 cm)	6	16	5	8
Ice axes (90 cm)	5	14	5	7
Snow shovel	1	8	3	4
PortaLedge	1	100	30	50
Climbing shoes			Various sizes Call	

Equipment Rental Policy: All equipment rentals shall be only to current AMC members. AMC members renting equipment shall contact the Rental Committee Chair and arrange a time for pick-up and drop-off of rentals. Rental rates shall be as published in the AMC Newsletter. Two checks shall be collected from the renter. The first being for the rental amount. It will be placed into AMC accounts. The second check shall be a deposit held against the return of the item. It will be held and given back to the renter upon return of the equipment. If the return is not timely, is damaged, or is lost, the second check shall be held against the late amounts due or against any replacement or repair required. The AMC Member renting the equipment shall be expected to replace any lost or damaged equipment.

An AMC rental form (found under the Forms section of the website) will be used and will identify the name and contact information of the renter, the items rented, the rent due, as well as the replacement cost, along with statements indicating the renter's responsibilities for returning or replacing the items.

Call Linda Locke at (602) 997-4235 for shoes.

For everything else, call Erik Filsinger at 480-314-1089.

Treasurer's Report

AMC Statement of Operations
Month Ended January 31, 2006

Category/Description..... Amount

INCOME

Access Fund Income	0.00
Advertising	0.00
Dues 2005	25.00
Return of NSF expenses	0.00
Friends of Queen Creek	0.00
Interest	129.09
T-Shirts (AMC)	0.00
Mountaineering Schools	0.00
Rental Equipment	0.00
T&S Schools Rental Income	0.00
AARS Fall	0.00
AARS Spring	0.00
Basic Fall	0.00
Basic Spring	0.00
Lead Fall	0.00
Lead Spring	0.00
First Aid Class	0.00
Navigation Class	0.00
<u>Other</u>	<u>0.00</u>
TOTAL INCOME	154.09

EXPENSES

Access Fund payment	0.00
Admin	252.82
Bank chgs	0.00
Capital Exp: Depreciation	0.00
Classification	0.00
Equipment Maintenance	0.00
Friends of Queen Creek-Expense	0.00
Insurance	0.00
Land Advocacy Committee	0.00
Library	0.00
Mountaineering	0.00
Newsletter	432.00
Outings	120.00
Programs Monthly Meeting	90.00
<u>Training</u>	<u>0.00</u>
TOTAL EXPENSES	894.82

OVERALL TOTAL.....(740.73)

AMC Balance Sheet

CD Account (as of 7/21/06)	10,250.82
Checking (as of 1/31/06)	<u>11,079.45</u>
TOTAL CASH ASSETS	21,330.27

Other Assets (gear)	<u>2,251.71</u>
OVERALL TOTAL	23,581.98

Basic Rock Climbing - Spring 2006

Arizona Mountaineering Club

The Arizona Mountaineering Club (AMC) has been teaching basic rock climbing for over 35 years. We place maximum emphasis on safety and self-rescue. This is a beginning climbing class. We will teach you equipment care and usage, rope handling, climbing knots, belaying, rappelling, climbing techniques, and self-rescue. Enrollment fills up quickly, so don't delay; make a reservation to join us soon!

Class schedule (this is 2-week class):

Mar 7	Tuesday	5:30 pm–10:00 pm	*Havasupai Ramada, North Mountain Park
Mar 9	Thursday	6:00 pm–10:00 pm	Havasupai Ramada, North Mountain Park
Mar 11	Saturday	8:00 am–5:00 pm	TBA
Mar 12	Sunday	8:00 am–5:00 pm	TBA
Mar 14	Tuesday	6:00 pm–10:00 pm	TBA
Mar 16	Thursday	6:00 pm–10:00 pm	TBA
Mar 18	Saturday	all day	Various times, various places

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park and look for the orange traffic cones imprinted “AMC” at Havasupai Ramada.

Experience required: None. Even if you have never climbed a tree before, this class is for you.

What is provided by the AMC:

Technical climbing gear that will be used for the school (**and is yours to keep**): 1 belay/rappel device, 2 non-locking carabiners, 3 locking carabiners, 4 prusiks, one 5' sling (subject to change)
Harness and helmet provided free by the AMC for the duration of the class if needed
Basic climbing textbook
Instruction through all phases of the class
Discounts from local retailers on climbing gear

Equipment recommended for the class: You will wear a climbing harness at every class, so dress casually. Most sessions will be held outside, so watch the weather. Climbing shoes are recommended for the weekend sessions only. The AMC rents climbing shoes on a first-come, first-serve basis on the **second** night of class for \$10 for the class. We will discuss what to look for in a shoe on the first night of class.

Paperwork: You will be required to read, fill out and sign an AMC release of liability on the first night of class. Students under 18 must have the release signed by their parent or guardian (no students under 14 please; students 14-15 years of age must be accompanied by an older adult).

Class fee: \$160 plus membership if not already a member (\$30 for an individual and \$35 for a family). Membership is good through Dec., 2006.

Registration: The class is limited to 40 students. To reserve a spot, send a check for \$160 + membership cost (see Class Fee above) made out to AMC Basic School. Include your clearly printed name, address and current phone number(s). Mail to: AMC Basic School, 1025 E. Highland Ave., #26, Phoenix, AZ 85014. No credit cards accepted. If you have further questions, please call Slawa Ciula at 602-265-2661 or email at amcbasic-school@hotmail.com. (Please note: \$75 is a non-refundable deposit; the rest will be returned if you cancel. If someone else can be found to take your place, the entire \$160 will be refunded.)

For more information: Visit the Arizona Mountaineering Club website: www.amcaz.org

AMC Glacier Travel and Crevasse Rescue Class

The AMC is pleased to offer a Glacier Travel and Crevasse Rescue Class this spring. It is intended to provide a good introduction to modes of travel on snow and ice, as well as offer the basics needed to travel safely on glaciers and perform crevasse rescues. The class will cover ice ax usage, crampons, self-arrest, roped travel, snow anchors, belays, and rope techniques for crevasse rescue.

Given the uncertainty of Arizona snow pack this winter, the dates and timing of the sessions will be announced separately via AMC email distribution. In addition, individuals who sign up now will be notified by separate email.

Participants will be asked to provide their own personal equipment, e.g., warm clothing, crampon-compatible boots, ice ax, crampons, harnesses, and prusiks. Crampons and ice axes can be rented from the AMC. A complete list of suggested personal gear will be provided when you sign up.

We will provide group climbing gear, e.g., pickets, flukes, ropes, and the like.

It is highly recommended that all participants must have completed AMC Basic School and the AARS class (or equivalent with permission of the instructor) and be a current AMC member.

The class will be limited to 20 students and will cost \$50 for new students and \$25 for returning students.

Sign up by emailing Erik Filsinger at smorefil@aol.com.

Party at Pinnacle Peak 2006

The New Year kick off outing held at Pinnacle peak hosted by Jef Sloat, Mike Knarzer and Monica Miller was a vertical success. New and old timers alike enjoyed a spectacular day climbing some old classics like "Mickey's Mantle" and "Varicose Vein" on AMC Boulder. While next door others enjoyed the awesome 10.a face "Loafers Choice" and chewed up some "Dead Meat." And of course we introduced "The Wedge" to some new AMCr's. And last but not least, several lucky climbers got to make a multi-pitch trip up to the top of Pinnacle Peak via Birthday Party to the Sundeck boulder then up the Silhouette to the top. Thanks to all for another great day of climbing...!

Monica D. Miller

Xtra! Xtra! Read All About It! The Mountaineer Acquires New Staff Member!

Editor in Chief Wally Vegors has recruited an able-bodied assistant, ace cub reporter (well - not really but it sounds cool) Robert England to help manage The Mountaineer's monthly production.

Remember to include Robert when you send your article submissions, outing reports, photos, programs, and other such nuggets of newsworthy notables for the AMC newsletter.

Contact Robert at:

robert_england2@yahoo.com
or

Zen-Lizard Systems Presents

X-Chalk

The world's first rock climbing chalk that soothes hot and ripped up fingers - as you climb! Also helps heal cuts and scratches. All natural - no chemicals. Available at the Phoenix Rock Gym, Climmax, the Arizona Hiking Shack, and online at:

<http://www.zen-lizard.com>



CAMRA Fundraiser

Here is a great opportunity to support the Central Arizona Mountain Rescue Association. On March 18th they will be holding a fund raising activity. CAMRA receives no tax payer or governmental support for their programs. These are the gals and guys who will give of themselves in their volunteer time to save you if you need to be rescued in Central Arizona climbing situations. Please read and give what you can.

Here is a little more detail of what is involved and how you can help.

The Central Arizona Mountain Rescue Association (CAMRA) is a 501(c)(3) all volunteer search and rescue organization that serves Maricopa County and the state of Arizona. CAMRA as it is known today was established in 1974. CAMRA operates in the field as the Maricopa County Sheriff's Office Mountain Rescue Team. CAMRA is a certified Mountain Rescue Association (MRA) and National Association for Search and Rescue (NASAR) team. CAMRA team members conduct the following search and rescue operations for the Maricopa County Sheriff's Office anytime, anywhere and in any condition:

Swift water Rescue	Cave and Mine Rescue	Helicopter Search and Rescue
Wilderness Search	Wilderness EMS	Alpine Search and Rescue
Wilderness High Angle Rope Rescue		

In 2005 CAMRA team members volunteered over 28,000 hours and drove over 140,000 miles serving our fellow citizens in Arizona.

CAMRA receives no funding from any federal, state, county or municipal budget. CAMRA is supported solely through private donations, corporate donations, grants and fundraising.

For more information please visit our website at www.mcsomr.org.

The Fundraiser: 12 HOURS OF CAMELBACK

On March 18th 2006, CAMRA, in conjunction with the City of Phoenix Parks and Recreation Department, will conduct its inaugural 12 Hours of Camelback event. 12 Hours of Camelback will be an annual fundraising event that will promote wilderness safety and low impact use of trails.

CAMRA team members will conduct the following during the 12 Hours of Camelback:

- 12 hours of preventative search and rescue (PSAR) patrols on Camelback Mountain to promote wilderness safety, trail safety and low impact use of trails.
- 12 hours of trail maintenance under the direction of Phoenix Parks and Recreation Department Rangers to improve Camelback Mountain trails.
- 12 hours of aid and information stations at the base and summit of Camelback Mountain.

You can support CAMRA and the 12 Hours of Camelback by sponsoring a CAMRA team member and donating for each hour he or she works during the event. To make your tax deductible donation, contact either of the gentlemen below. Thank you for your support and consideration!

Contact Mike Laquinta at MLaquinta@cardinals.nfl.net or Bob Zimering at bob.zimering@honeywell.com

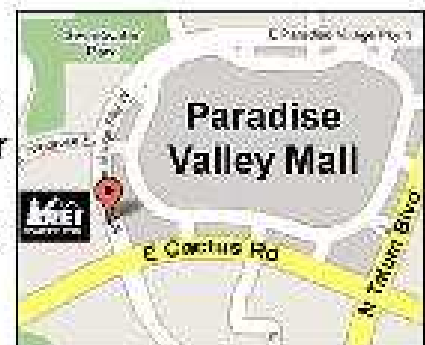
Maricopa County Sheriff's Office Mountain Rescue



... Is seeking new members!

The Central Arizona Mountain Rescue Association is looking for new members! Our volunteer team is responsible for all of the technical rescue in Maricopa county including: Technical rock, Wilderness Search, Alpine, Abandoned Mine and Cave, Swiftwater, Helicopter, and Wildland Fire Rescue. We train to respond to any emergency, anytime, anywhere and in any weather. These monthly trainings will allow you to hone your existing skills as well as learn new skills and techniques.

If you love the outdoors and would like to find out how you can give back to your community, then come to our presentation to find out more about our mission and how you can be a part of it. The next membership presentation will be at REI in Paradise Valley (12634 N Paradise Village Pkwy) starting promptly at 6:30PM Thursday, March 30th.



For more information e-mail us at info@mcsomr.org

NEW MEMBERS

Daniel Beatty
Ryan Diehl
Alyssa Fernau
Jared Friedman
Jacque Goodman
Marcy Makarewicz
Dominic Mancini
Jennifer McNeil
Don Mowry
Serena Mowry
James Perey
Jessica Perey
Jerry Rashal
Jean Sovitski
Duane Willard

Repeat Ascenders

Looking for volunteers on Wednesday March 23 6:00 PM at Phoenix Rock Gym. We will be working with a new group of kids using climbing and climbing skills to teach life and leadership skills. Pizza and gym fees are on us so come on out help some kids and maybe get in a couple of routes yourself.

For more info Contact Danny Gonzales at dgonza9724@aol.com 602-550-6371 or Dave Van Hook

March 25 - Queen Creek Cleanup and Climb

Come cleanup a stretch of highway 60 at Oak Flat and then climb. Meeting time is 8:00 am at the southwest parking lot at Mesa Community College for carpools/ caravan to Oak Flat; or meet at the Oak Flat turnoff at 9:00 am.

The outing leader is Scott Hoffman, 623-694-8078. No limit. Call if you have any questions.

“Trash Leaders” are Tiina and John Perlman. They will provide trash bags on site. Bring gloves.

Queen Creek climbing area access issue Climb it? Or mine it?



Recreational access to the Queen Creek climbing area is being threatened by a copper mine that has been proposed by the Resolution Copper Company.

Resolution Copper is trying to take over Oak Flat campground via a congressionally legislated land swap, which in turn would threaten access to all these areas: Queen Creek Canyon, Apache Leap, Devils Canyon, Hackberry Canyon, etc.

We need your help to keep this world-class climbing area (and home of the Phoenix BoulderBlast) from disappearing forever into a big hole in the ground. Join the Friends of Queen Creek!

We are not opposed to mining. But we are FOR ACCESS! We need to make Resolution Copper develop their mine in such a way as to preserve recreational access to these public lands.

Be a Friend of Queen Creek. Act now to help preserve access to your public lands by subscribing to the Friends of Queen Creek FREE e-mail action list at info@friendsofqueencreek.com

www.friendsofqueencreek.com

The AMC is represented on the Steering Committee of Friends of Queen Creek.

Red Rocks Rendezvous

Las Vegas, NV - The third annual "Red Rock Rendezvous" will take place near Las Vegas, Nevada, on March 24-26, 2006.

The festival will offer shows, on-site clinics, feeds, sales venues, and general hoopla of interest to climbers, plus access to the Red Rocks Canyon when not in use by the clinics.

All activities other than the clinics will be held at Spring Mountain Ranch State Park. The clinics themselves will be conducted in the Red Rock Canyon National Conservation Area, 10 minutes down the road.

Attendance costs range from \$30 for a general walk-around pass at the Spring Valley activities to \$60 registration for the Saturday-Sunday events and clinics, and \$159 for an "Intro to Red Rocks" clinic plus sessions led by the likes of Roxanna Brock, Greg Child, Jim Donini, Mark Synnott, and Cedar Wright.

For considerably more information, or to register, call 800-829-2009, or visit www.mgear.com/rrr.

The Red Rock Rendezvous is sponsored by Mountain Gear and The North Face, and benefits the Access Fund, American Alpine Club, Friends of Red Rocks, and the Las Vegas Climbers' Liaison Council.

More than 400 climbers are expected for this year's event.

Access - and - Permits

Remember that a permit is required when climbing on State Trust land. Permits are available from the Arizona State Land Department website (www.land.state.az.us/) or by visiting the State Land Office in Phoenix or Tucson. Individuals (\$15), family (\$20), and group permits (\$15 or more) are available. Any commercial or competitive event or activity requires a Special Land Use Permit.

Failure to have a permit constitutes trespass on State land.

See our web site for more information and to download permit applications: www.land.state.az.us.

Basic School Instructor Meeting

The instructor meeting for Basic School will be at Dave & Sal's at 6:02pm on Wednesday, March 1st. We'll assemble gear packs for the class and organize harnesses. We'll go over the class outline and get people lined up for demos. Pizza and soda will be provided by the club. Attending the instructor meeting is not mandatory, but it's sure helpful. You don't have to call, just show up! If you can't make it, just show up for the class at North Mountain Park on March 7th and we'll put you to work.

Getting there: 5167 E. Windsor is ½ block south of Thomas, just east of 56th Street. From the 101, exit on Thomas and head West to the light at 56th St and turn left. The first left off 56th St. is Windsor. We're on the SE corner of Windsor and 56th Place. From the 202, exit on 52nd St and go north to Thomas. Right on Thomas to 56th St, right on 56th St, the first left off 56th St is Windsor.

The Basic School dates are:

March 7, 9	TU,TH	6PM - 10PM	Havasupai Ramada, North Mountain Park.
March 11, 12	SA, SU	8AM - 5PM	Location TBD.
March 14, 16	TU, TH	6 PM - 10PM	Phoenix (TBD)
March 18	SAT	all day	Grad climbs & Grad party.

Climbing Anchors School - Spring 2006

Arizona Mountaineering Club

The AMC Climbing Anchors School teaches participants how to set climbing anchors for top-roping. This course is the logical next step for AMC Basic Climbing School graduates.

Class curriculum:

Tuesday: Learn anchor components, anchor types, knots and hitches.

Thursday: Learn anchor system characteristics and construction.

Saturday: Gain experience setting anchors by practicing "hands-on" scenarios under instructor supervision.

Sunday: Apply newly learned skills setting real anchors on an optional climbing day. This session is a climbing out-

ing

where students set the anchors under instructor supervision and then spend the day climbing.

Class schedule:

Apr 4 Tuesday 6:00 pm–9:30 pm *Dreamy Draw Park (Phoenix)

Apr 6 Thursday 6:00 pm–9:30 pm Dreamy Draw Park

Apr 8 Saturday 8:00 am–4:00 pm Location to be announced during class

Apr 9 Sunday 7:00 am–5:00 pm Climbing area to be announced during class

*To get to Dreamy Draw Park take SR 51 (Piestewa Peak Freeway) to Northern; turn east on Northern. This takes you directly into the park. Class is at the big ramada.

Experience required: AMC Basic School graduate or equivalent, which must include knowledge of how to belay, rappel, prusik, tie a figure-8-on-a-bight and figure-8-on-a-follow-through, and make a girth hitch.

Cost: \$75 plus membership if not already a member (\$30 for an individual and \$35 for a family). Membership is good through Dec. 2006. Register by sending a check payable to AMC Anchors School to 1654 W. Boston St, Chandler, AZ, 85224. No credit cards accepted. The registration fee is fully refundable if you cancel. Call Nancy Birdwell at 480-821-1932 or email info.anchors.school@AzMountaineeringClub.org for more information. The number of students will be limited to 36.

Equipment required for the class:

2 non-locking "D" or oval carabiners (at least 2, bring more if you have them)

3 locking carabiners (at least 3, one of which should be a parabiner)

1 rappel/belay device (Trango Jaws, Black Diamond ATC, Trango Pyramid, Figure-8, etc.)

1 climbing harness

1 ea 4', 6', 10' 6mm prusiks (untied length)

2 ea 5', 10', 20' slings (1" tubular webbing, untied length, AKA runners)

1 or 2 personal anchor slings (commercial daisy chains or 4' sewn Spectra runners or equivalent)

1 helmet—**required for Saturday and Sunday sessions**, helmets are available if you do not have one.

1 20' cordelette, a 20-foot length of 7mm accessory cord

(The slings, harness and cordelette are the only additional equipment needed over the Basic School requirements)

This class is designed to teach you how to set top-rope anchors. In order to become independent and set your own anchors, you should start acquiring anchor gear. These purchases will be limited by how much money you want/have to spend and how much interest you have in climbing independently. The following gear is not required for Anchors School, but if you have some, you will be able to practice setting it in class. All of the gear recommended below can be used for Lead School, and none of it will be wasted if you intend to set your own anchors. All gear should be marked prior to bringing it to class to prevent confusion between it and other people's gear. If you don't know how to mark gear, check with an instructor before doing so to avoid weakening equipment due to improper marking.

Other gear you may want to bring:

Any pro you may have (hexes, Stoppers, camming devices, Tri-cams, etc.)

Extra biners (regular D's, ovals, and lockers—stay away from specialty biners at this time)

Extra slings (perhaps four 5', two 15' slings, untied lengths)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

Calendar of Events

AMC Outings

Please note: It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.

Mar 01 **Basic School Instructor Meeting.**

Mar 05 **Spiderwalk in the Superstitions.** (5.6 - multi-pitch) Tim Medlock 480-963-3496.

Mar 07 **Basic School.** Mar. 7,9,11,12,14,16,18.

Mar 25 **Queen Creek Cleanup and Climb.**

Mar 28 **Anchors School Instructor Meeting.**

Apr 04 **Anchors School.** Apr. 4,6,8,9.

May 26 **Black Mountain Bouldering.** May 26-29. Beat the heat bouldering on excellent granite high in the San Jacinto Mountains south of Palm Springs. Richard Horst - 623-434-4769.

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

Group outings are intended to be social climbing experiences with no supervision. They may or may not be organized by an AMC Outing Leader. If they are organized by an AMC Outing Leader, the Leader will only be responsible for organizing the time, date, meeting places, and any necessary camping. The AMC Outing Leader may also set anchors, but will not be responsible for supervising any climbing activity or for monitoring the anchors they set. Participants are responsible for their own climbing activities, their own climbing partners, and for monitoring anchors, whether set by an AMC Outing Leader or not. Participants are also responsible for their own conduct and safety at the campsite and during any approaches to and from the climbing areas. If any AMC equipment is used for the outing, the participants using that equipment are responsible for checking the equipment before use and for using the equipment properly and in the safest manner possible. The campsite, where possible, may be reserved and paid for by the AMC. Parking may be first-come, first-served.

Billboard - Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

March 4 **Strenuous 11-mile hike along the Superstition ridgeline.** A classic hike for fit, experienced hikers only. Contact Rogil 623-512-8465 at rogil@cox.net before Feb. 25.

March 23 Repeat Ascenders. Phoenix Rock Gym, 6:00 pm

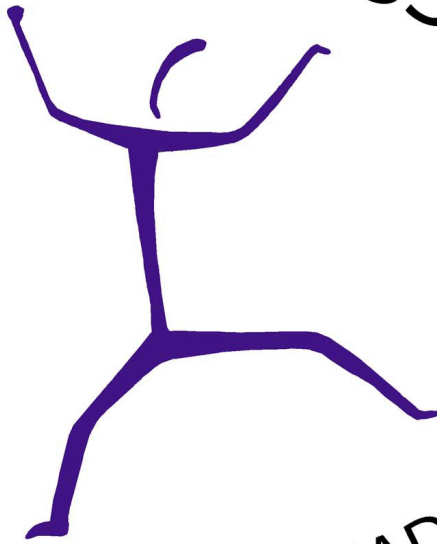
March 24-26 **Red Rocks Rendezvous**, Las Vegas, NV

Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

Commercially Provided Training and Events

The events listed below are provided by commercial outfitters for the benefit of AMC members. They are not AMC Outings, nor are they led by AMC Outing Leaders, though they may be open only to AMC members. The commercial outfitter is solely responsible for all aspects of the outing, not AMC. While, in most cases, an AMC member may provide a service by AMC collecting the names of prospective participants and handling the logistics of out-of-town events, participants will sign up directly with the commercial outfitter.

SHARE THE PASSION



A.M.C. OUTING LEADER

Become an AMC Outing Leader

General requirements for becoming an AMC outing leader:

- Be a member for at least one year
- Take the Basic, Anchors and Lead classes (or equivalents)
- Complete a basic first aid and CPR class (8 hours or more)
- Submit an application to the Classification Chairperson
- Apprentice on at least three outings with approved outing leaders
- Get recommendation from at least five current outing leaders (including those from apprentice outings)
- Be approved by the Board of Directors.

For more information, contact the Classification Chairperson, Nancy Birdwell at (480) 821-1932.



Current AMC Outing Leaders



Robert England480-688-5412	David Larimer 480-425-9689	Rogil Schroeter..... 623-512-8465
Erik Filsinger602-906-1186	Sally Borg Larimer 480-425-9689	Wayne Schroeter ... 602-402-1631
Scott Hoffman.....623-580-8909	Tim Medlock 480-963-3496	Jef Sloat..... 602-316-1899
Richard Horst.....623-434-4769	Monica Miller 623-362-0456	Mick Strole..... 520-856-3335
David Johnson.....623-486-7387	Paul Norberg..... 602-808-9244	Frank Vers..... 480-947-9435
John Keedy623-412-1452	Paul Paonessa 602-493-7356	Tim Ward 602-212-1929
Mike Knarzer602-751-1701	Chris Query 602-323-5927	<i>Your name here!</i>
Tim Lange.....480-598-9124	Tim Schneider 480-497-8377	

MARCH 2006

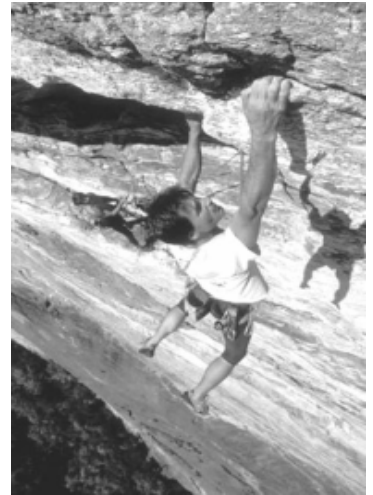
AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div style="border: 1px solid black; padding: 5px;"> NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge. </div>			<i>1</i> Sunrise 6:57 Sunset 6:25 M-set 8:43p	2	3	4
	<i>New Moon</i>					
5 Spiderwalk	6 <i>1st Qtr</i>	7 Basic School	8 Sunrise 6:48 Sunset 6:31 M-rise 12:50p	9 Basic School	10	11 Basic School
12 Basic School	13 AMC Board	14 Basic School <i>Full Moon</i>	15 Sunrise 6:39 Sunset 6:36 M-rise 7:31p	16 Basic School	17	18 Basic School Grad Climb
19	20	21	22 Sunrise 6:29 Sunset 6:41 M-rise 1:37a <i>Last Qtr</i>	23	24	25 Queen Creek Clean & Climb
26	27 Member Meeting	28 Anchors School Instructor Meeting	29 Sunrise 6:20 Sunset 6:47 M-set 7:28p <i>New Moon</i>	30	31	

The Warrior's Way

Slideshow Presentation

"Digging Deep into Mental Training"
with ARNO ILGNER



If you've been wondering how to improve your climbing and rise to the next level, then it's a must to attend this presentation on the foundational principles of The Warrior's Way program.

The Warrior's Way is a comprehensive program for learning how to focus your mental resources during a challenging climb. It includes step-by-step guidance on motivation analysis, information gathering, risk assessment, mental focus, and deliberate transition into action.

The presentation will be followed by a Q&A session during which you can ask specific questions about your particular climbing challenges.

Arno will then be available to sign his new book, *The Rock Warrior's Way*.
For more information see: www.warriorway.com



WHEN: Monday, March 20 at 7:00 p.m.

WHERE: The Washington Adult Center
2240 W. Citrus Way, Phoenix

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DIRECTIONS

Driving north on the I-17, exit at Bethany Home Rd. and turn right. Turn left at 23rd Ave. and drive north for about a half mile. Turn right onto Citrus Way.

Driving South on the I-17, exit at Glendale Ave. and turn left. Turn right at 23rd Ave. and drive south for about a half mile. Turn left onto Citrus Way.