

APRIL 2005

ARIZONA MOUNTAINEER



Shirley Vegors, the wife of our newsletter editor and co-founder, Wally, is captured on a mountaineering expedition at Snowmass Lake underneath Hagerman Peak in Colorado 42 years ago. Shirley passed away in March of this year.

The Arizona Mountaineering Club

Meetings: The AMC normally meets the 4th Mon. each month (Nov. & Dec. meetings are usually the 3rd Mon.) at 7:00 pm at: Los Olivos Senior Center, 2802 E. Devonshire Ave. Phoenix, Az

*****Note: See page 4 for meeting locations for Apr-May 2005.*****

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting at Jutta's home..

Dues: Dues cover January through December. A single membership is \$25.00 per year; \$30.00 for a family. Those joining after June 30 pay \$13 or \$15. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Call: (623) 878-2485

Email:

president@azmountaineeringclub.org
board@azmountaineeringclub.org

Website:

www.azmountaineeringclub.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

Board of Directors:

President..... Jutta Ulrich 602-234-3579
Vice-President John Keedy 623-412-1452
Secretary Robert England.. 480-821-4243
Treasurer Clay Vollmer 602-595-7266
Director 2-year Bill Fallon..... 602-996-9790
Director 2-year Jeff Nagel 602-318-9538
Director 1-year Scott Hoffman.... 623-580-8909
Director 1-year Wayne Schroeter 602-402-1631
Past President Bruce McHenry . 602-952-1379

Committees:

Advertising..... Open
Archivist..... Jef Sloat..... 602-316-1899
Classification..... Nancy Birdwell.. 480-821-1932
Elections..... Dave Van Hook . 602-790-6283
Equipment Rental Erik Filsinger 480-314-1089
Email..... Jeff Hatfield 480-897-1750
Land Advocacy..... Erik Filsinger 480-314-1089
Librarian..... Richard Kocher.. 480-966-5568
Membership..... Rogil Schroeter .. 623-512-8465
Mountaineering..... Erik Filsinger 480-314-1089
Newsletter Wally Vegors 602-246-9341
Outings..... Open
Programs Sheri Kenly 602-242-0504
Training & Schools.. Wayne Schroeter 602-402-1631
 Basic Class Sally Larimer 480-425-9689
 Anchors Class..... Robert England.. 480-821-4243
 Lead Class Wayne Schroeter 602-402-1631
T-shirts Sally Larimer 480-425-9689
WebSite..... Kirra
webadmin@azmountaineeringclub.org

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*, The Access Fund newsletter. One can also join electronically at https://www.accessfund.org/secure/joinnow/join_indiv.php

This Month in the AMC

- 2..... Who does what, addresses and numbers
- 3..... Birthdays; Table of Contents
- 4..... Board Minutes
- 5..... Treasurer's Report; Discounts; Rentals
- 6..... April Program; Randy Leavitt
- 7..... President's Corner
- 8..... Outing Leader Training
- 8..... Glacier Travel and Rescue Class
- 9..... Ice Climbing
- 10.... The Club and Social Networks
- 11.... Anchors School
- 13.... Design Contest; Anchors Instructogram
- 13.... Lead School Report; School Leaders Wanted
- 13.... First Aid Classes
- 14.... Minutes (cont.); New Members
- 14.... Help Wanted
- 15.... Outings Calendar (cont.)
- 16.... Outings Calendar
- 17.... March Calendar

**Spend time today
writing your legislators
about Queen Creek**

See

**[www.azmountaineeringclub.org/
QueenCreek/
UrgentFOQC_climbing.html](http://www.azmountaineeringclub.org/QueenCreek/UrgentFOQC_climbing.html)**

for details

Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 6151 N. 8th Ave., Phoenix, AZ 85013 or through email to azmountaineer@azmountaineeringclub.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and at least 300 dpi. Articles can be in any standard word processing format. For more info call the editor at (602) 246-9341.

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

Library

You must be an AMC member; i. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit. (Note — Library is kaput during Los Olivos expansion.)

May NL Deadline: 18 April

APRIL BIRTHDAYS

Marybeth Goodman 1, Rob Allen 2, Blair McLaughlin 2, Slawa Ciula 7, David McClintic 7,
Melissa Neubauer 7, Mike Knarzer 8, Michael Kniskern 8, Julie Sharp 9, Grant Loper 10, Robin Celkupa 11,
Barbara Danek 12, George Krall 12, Peter Niemczyk 12, Scott Winkler 14, Valerie Beckett 15,
Richard Lozon 15, Peter Emerson 16, Kelly LaRosa 19, Ronald Logan 19, Karen Jachimowicz 20,
Tim Montgomery 20, Bob Spak 20, Erik Filsinger 21, Darcy Fleming 22, James Pyne 22, Roger Cuthbertson 23,
PJ O'Connell 23, Paul Valenzuela 23, Milo Kauffman 28, Braden Niemczyk 29, Paige Birdwell 30,
Mark Clarkson 30, David Larimer 30

Minutes of the AMC Board Meeting March 14, 2005

Members Present: Jutta Ulrich, John Keedy, Clay Volmer, Jeff Nagel, Bruce McHenry, Scott Hoffman, Wayne Schroeter, and Robert England

Meeting called to order by Jutta Ulrich at 7 PM with quorum present.

Minutes of February Board Meeting reviewed, amended, and passed as amended for publication in the April newsletter.

Treasurer's Report reviewed and amended to move T&S Capital Equipment expense from Total Capital Expenditures to Equipment under Total Training. Motion carried to approve as amended.

President's Updates: Jutta addressed briefly items for goals and priorities and tabled the items for later discussion in order to spend more time on outing leader issues.

Committee Reports:

1. Wayne distributed classification policy (inclusive of last three policies) and clarified the classification committee policy evolution. John led discussion on how to address outing leader certification for candidates whose application and development spanned the changes in certification policies and procedures. John made motion to use the old process and forms (May 2003) to complete Robert England's outing leader certification process. Motion carried to approve. Wayne will communicate with Nancy Birdwell to resend the May 2003 outing leader approval forms to Robert England to the outing leaders for approval.
2. Motion carried to approve Mike Knarzer as a multi-pitch outing leader.
3. Land Advocacy: Clay presented discussion regarding the use of the AMC member database to send targeted emails (2 times) on behalf of the Friends of Queen Creek. Bruce noted the AMC's prior position is to not allow such use or release of member information to outside organizations. Mo-

tion made and carried to forward FOQC message soliciting support through normal AMC channels. Bruce will forward such messages with an introductory statement and write an article for the next newsletter that explains the situation.

4. Newsletter: Wayne will help Wally with writing and formatting as needed.
5. The Queen Creek Cleanup is scheduled for April 2, 2005.
6. Programs: Sheri has requested general assistance with program arrangements. Jeff Nagel will contact Sheri for details and lend assistance.

Old business:

1. The Pueblo Grande Facility will likely not be available for the April and May monthly meetings. Bruce is researching an alternate.
2. Outing Leaders: Bruce made general recognition of those who held recent outings and suggested additional recognition be made for those who help with newsletter processing at the monthly meetings.
3. Outing Leaders: Wayne
 - a. Motion made and carried to fund in full (tuition) Robert England to attend an AMGA approved Top Rope Site Manager Course.
 - b. Robert presented an idea to develop a database of outing leader experience/accomplishments for general membership access. No action from brief discussion.

(Meeting minutes cont. on page 14)

APRIL AND MAY MEETING LOCATIONS ARE UNDETERMINED RIGHT NOW. WE WILL NOTIFY THE MEMBERSHIP BY EMAIL.

Discount Directory

The following merchants currently offer a discount to AMC members:

Arizona Hiking Shack—11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 15% discount.

Az on the Rocks Gym — 16447 N. 91st St., Scottsdale, Az.85260. 480-502-9777. Gym membership 10% off for AMC members.

OvertheCrux —2655 W. Guadalupe, #4, Mesa, Az 85202. 480-890-0997. 15% off to AMC members.

Solid Rock Gym — 23620 N. 20th Dr, Phoenix, Az 85027 (623) 587-7625 Gym membership 10% off for AMC members.

Rental Equipment

| EQUIPMENT..... | Qty | \$Dep | 1-3day | 4-7day |
|---------------------------|-----------------------|-------|--------|--------|
| MSR Alpine snowshoes..... | 5 | 32 | 10 | 16 |
| Ice Crampons | 5 | 26 | 8 | 13 |
| Ice axes (70 cm) | 6 | 16 | 5 | 8 |
| Ice axes (90 cm) | 5 | 14 | 5 | 7 |
| Snow shovel | 1 | 8 | 3 | 4 |
| PortaLedge | 1 | 100 | 30 | 50 |
| Climbing shoes..... | Various sizes .. Call | | | |

Equipment Rental Guideline: Your name must be on the most current membership list. Deposit required; varies by item; generally \$20-\$50. The two-personal-checks system works best. Advance reservation suggested. If not using the reserved equipment, please call and cancel. Call Linda Locke at (602) 997-4235 for shoes. For everything else, call Erik Filsinger at 480-314-1089.

Treasurer's Report

Statement of Operations

31 Jan 05

| Category Description | Amount |
|-------------------------------------|-----------------|
| INCOME | |
| Admin income..... | 00 |
| Advertising..... | 00 |
| Decals | 00 |
| Dues 2005 | 1,415.00 |
| Friends of Queen Creek | 00 |
| Interest | 4.40 |
| Merchandise (Tee Shirts & Etc)..... | 00 |
| Mountaineering Schools | 00 |
| Program Income..... | 00 |
| Rental Income (incl shoes)..... | 00 |
| T&S School Rental Income | 00 |
| Training | 300.00 |
| TOTAL INCOME | 1,719.40 |

EXPENSES

| | |
|--------------------------------------|---------------|
| Administration..... | 188.62 |
| Capital Exp | 00 |
| Classification..... | 00 |
| Equipment Maint..... | 00 |
| Friends of Queen Creek | 00 |
| Insurance..... | 00 |
| Land Advocacy Committee..... | 00 |
| Library | 00 |
| Merchandise Exp..... | 00 |
| Mountaineering | 00 |
| Newsletter | 216.22 |
| Outings | 48.12 |
| Programs & Monthly Meeting Exp | 440.00 |
| Service/Bank Charge | 6.00 |
| Training | 00 |
| TOTAL EXPENSES | 898.96 |

OVERALL FOR YEAR TO DATE 820.44

ACCOUNT BALANCES

| | |
|--------------------------|-----------|
| CD Account 1/31/05 | 10,004.12 |
| Checking 12/31/05 | 12,665.56 |

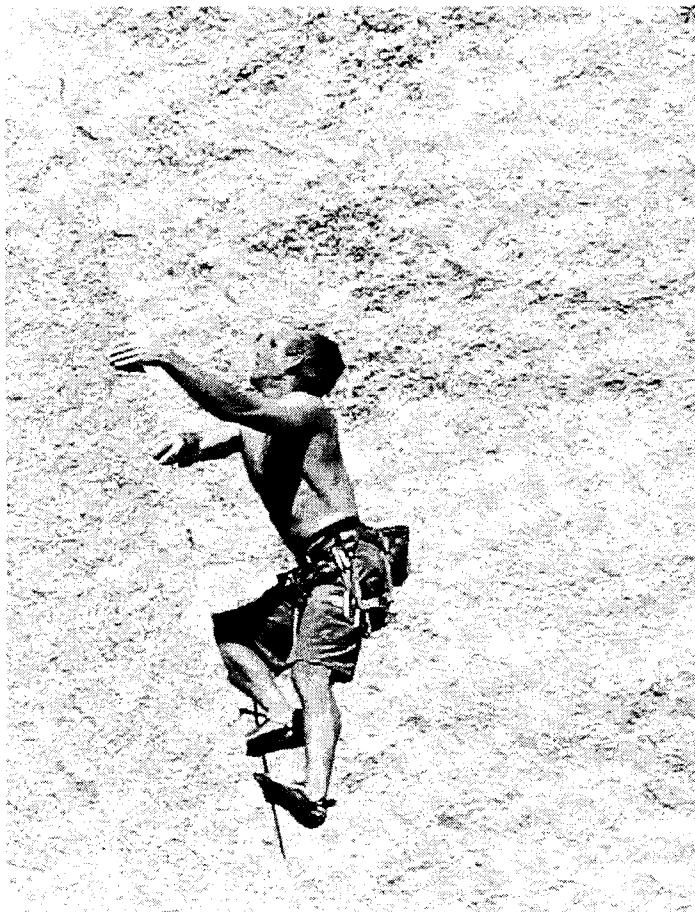
TOTAL CASH ASSETS 22,669.68
Other Assets (gear)..... 2,048.00

OVERALL TOTAL 24,717.93

Note —Old CD (0.95%) matured and replaced by new 6-month CD at 2.37%

April program
Come see Randy Leavitt
One of the world's most accomplished climbers

Randy has been rock climbing for 30 years, and was the first person to climb El Capitan (Excalibur) and BASE jump off as a means of descent. He and Tony Yaniro developed the off-width technique known as Leavittation. Among his other accomplishments are 5.14 sport and trad first ascents, first ascents and first solo ascents on El Cap, and the first ascent of Stratosfear on the Painted Wall, Black Canyon of the Gunnison, Colorado. Randy has established hundreds of new routes in California, Nevada, Arizona and Utah, and was a member of the 1986 Gasherbrum IV Expedition.



President's Corner

Today's topic is money. The Board has been discussing various issues regarding club outings and outing leaders (OLs) for a long time now. We are actually getting closer to resolving some, hurrah! One specific issue was expenses that the OL incurs when taking out a group. This could include gas for the car, a permit for a state/national park, possibly costs for camping, and so forth. With input from quite a few OLs, the Board recently decided (once again) that financial incentives and reimbursements are not effective. So the AMC is not paying for the membership fees, for gas or mileage for the outing leaders.

Having said that, let's recall that our outing leaders are volunteering their time and their expertise when they organize outings. They do this because they like to share, like to teach, and like to climb. Those of us who participate in the outings usually have a very good time, so let's not forget to thank the OL afterwards and to help pay any group expenses, such as gas. If you ride with your OL or any other group member, please remember to make a fair contribution to

gas, perhaps even a little more. The roads to some climbs take a toll, and it's expensive to maintain a vehicle. Don't forget that the gas tank has to be refilled one more time upon arriving back in town, and when you divide the costs, divide by the number of passengers. Don't make the driver/car owner pay for her/his portion of the gas; she/he is, after all, bringing and driving the car.

For the last 10 years as an AMC member, I have always (!) been a passenger. I have not always paid my share, but have recently tried to do better. Please help in supporting drivers and outing leaders, chip in, bring refreshments, offer constructive feedback and a thank you.

Offer outings. * Attend outings. * Send me your suggestions and gripes. * Pay your dues.

—Regards, Jutta

Queen Creek climbing area access issue Climb it? Or mine it?



Recreational access to the Queen Creek climbing area is being threatened by a copper mine that has been proposed by the Resolution Copper Company.

Resolution Copper is trying to take over Oak Flat campground via a congressionally legislated land swap, which in turn would threaten access to all these areas: Queen Creek Canyon, Apache Leap, Devils Canyon, Hackberry Canyon, etc.

We need your help to keep this world-class climbing area (and home of the Phoenix BoulderBlast) from disappearing forever into a big hole in the ground. Join the Friends of Queen Creek!

We are not opposed to mining. But we are FOR ACCESS! We need to make Resolution Copper develop their mine in such a way as to preserve recreational access to these public lands.

Be a Friend of Queen Creek. Act now to help preserve access to your public lands by subscribing to the Friends of Queen Creek FREE e-mail action list at info@friendsofqueencreek.com

www.friendsofqueencreek.com

The AMC is represented on the Steering Committee of Friends of Queen Creek.

Outing Leader Training

We are looking for more Outing Leaders in the club. If you have taken and helped with Anchors School, and are interested in becoming an OL, please contact me at wayne@iWayne.com for more info. The training we are conducting will prepare you to take other people out. We ask only that you commit to becoming an OL and to taking three outings a year for three years. We are hoping that you will help pass on these skills to future Outing Leaders as well. After that, use these techniques to take your friends and family out.

I have scheduled two Outing Leader Training sessions, one for April-May and one for May-June. These sessions will be two weekends in length. The two weekends will be independent, so that you could take Weekend #1 in one session and Weekend #2 in another session. Also, you could start on either session.

The curriculum will include a discussion of OL responsibilities, an expanded self-rescue seminar and advanced anchors work, with work on both bottom and top belays. These particular sessions are geared toward top-rope outings, but I will also take any participant as time permits and teach you multi-pitch skills used by professional guides to help prepare you for your next step.

The first session is scheduled for the weekends of April 30-May 1 and May 14-15. I have not determined the dates yet for the second session. I already have some people signed up, but can take more.

This training will not qualify you as an Outing Leader. You must still go through our Outing Leader selection process and be peer-reviewed by current Outing Leaders before being approved by the Board.

All current Outing Leaders and Board members are also invited to attend. This will show you many techniques being taught by professional guides.

—Wayne

AMC Glacier Travel and Rescue

Sign Up for the AMC Glacier Travel and Crevasse Rescue Class

The AMC is pleased to offer a Glacier Travel and Crevasse Rescue Class April 27, 30, and May 1. It is intended to provide a good introduction to modes of travel on snow, as well as offer the basics needed to travel safely on glaciers and perform crevasse rescues. The class will cover ice ax usage, crampons, self-arrest, roped travel, snow anchors, belays, and rope techniques for crevasse rescue. This class is a good one new students entertaining ideas for climbs like Rainier, or as a refresher for returning students.

The evening session will be held on April 27 at 6:30 p.m., at a location to be determined and announced when you sign up. The weekend session will occur on the 30th and 1st. Crevasses will be simulated!

Participants will be asked to provide their own personal equipment, e.g., warm clothing, crampon-compatible boots, ice ax, crampons, harnesses, and prussiks. Crampons and ice axes can be rented from the AMC. A complete list of suggested personal gear will be provided when you sign up.

We will provide group climbing gear, e.g., pickets, flukes, ropes, and the like.

It is highly recommended that all participants must have completed AMC Basic School and the Anchors class (or equivalent with permission of the instructor) and be a current AMC member.

The class size will be limited, so sign up early. The cost for New students will be \$75 and the cost for Returning students will be \$25. Full payment from those signed up will be due on April 12. Refunds will only be offered after that time if a substitute can be found.

Obtain details or Sign up by emailing Erik Filsinger at smorefil@aol.com.

Ice Climbing

I'm just back from a great trip to CO with Maria Stoianova, Tom Conner and Monica Miller, ice jocks all.

Fortunately the backcountry avalanche conditions were way down from the warning immediately after the early January snows (Moderate with pockets of Considerable). However, the local stories that abounded and the visuals of recent slides were astonishing. A slide down Second Gully had filled in that streambed almost up to the road—a vertical depth of probably 100 feet deep of debris. Bill Leo said Coal Bank Hill had slid all the way across and the snow at the restroom was 20 feet deep. I didn't see it, but wouldn't be surprised.

We climbed one day at Ouray (head to New Fun-ter or South Park—in the School Room you needed waders to get to the bottom of the climbs due to wall to wall stream flow).

Saturday we hit Second Gully bright and early with 3 degrees Fahrenheit. We had to break trail most of the way to the climb, with seemingly being the first party up that part of the canyon. Some tracks headed off to Whorehouse. One set made toward Stairway. It hadn't snowed in a while, so the Ice Festival and avalanche issues had kept the visitorship down.

I've lead Second Gully probably half a dozen times and climbed it a couple of others, but this was the hardest version I've experienced. It was very cold and the ice was quite brittle. It was formed pretty steep and sustained. No real snow parts; almost all continuous ice. Moreover, the water melt had flowed over top of the large snowfall, so the standard condition for most of the route was 1 or 2 inches of water ice over several inches of snow.

In placing tools the ice tended to shatter and/or send fissure cracks in all directions. When I could tell the difference, I developed the habit of kicking extra hard to get to the ice underneath the initial ice/snow.

Ice screws all too frequently bit for the two inches and then spun into the snow. Usually in the past I could tell where these patches were, but they were pretty widespread and even on almost vertical sections. I had to forego or replace about half my ice screw attempts.

I lead on two ropes, bringing up Maria and Tom simultaneously, and then while Maria belayed me on the next pitch Tom brought up Monica. We ran on without any rope hassles, so everyone played their part and made it work very, very well. Minimal wasted time for anyone. Maximum movement. It was damn cold all day and we needed the exercise to stay warm!

I had to dig out the belay trees I knew were down there somewhere, so all belays, except one, were aided by dwarf spruce. The other was a somewhat hanging belay above the second pitch, right at that damn spot where the cliff on the right would spray an avalanche right through me.

We climbed it in 3.25 pitches to the top and then rapped the route, tying off to trees for each rappel, rather than do the untread walk-off. It was the right decision.

We left the car at about 7:30 a.m. and returned about 3:30 p.m. I don't really see how it could have been done any faster, except if the ice conditions would have been easier.

Good team. Good results. Even the snowshoeing at Lizard Head (A neat peak Dan and I had done a year ago) Pass was remarkable for its perfect conditions.

Now that's a weekend!

- Erik Filsinger

The Club and Social Networks

A whole bunch of years ago when downhill skiing was my winter-time passion (now it's mainly ice climbing), I bumped into someone I had known in the Alpine Ski Club. When I first arrived in Phoenix in 1978 I was single, a Professor at ASU, and had the world on a string. I dated around, and found that two ski clubs in the valley (the Alpine Ski Club and the Phoenix Ski Club) offered me some social outlets and dating opportunities in conjunction with the fun of skiing.

This guy from the Alpine Ski Club asked me a question that absolutely floored me. He queried, quite sincerely, "Why don't you take trips with the Club anymore? I was floored. The question almost didn't make any sense to me. I don't recall what I responded, but the shocking absence of sense in his question hangs with me.

You see, in the intervening year(s) since I had been active in the Club and seeing him again, I had been married to a wonderful woman with three fine kids, all skiers. We traveled the Western United States skiing at least 5 or 6 times a year. My needs for skiing companions were fulfilled and I had not need for "the Club."

It was also more than that. My skiing vistas now included most of North America and I seldom visited the Arizona ski hills where the Alpine Ski buses ran. Maybe I had outgrown "the Club", or at least there was no need for me to be part of it in order for me to fulfill my desires. I didn't look to the Clubs for ongoing social fulfillment. Identity, etc.

Social psychologists have used the terms "Local social networks" and "Cosmopolitan social networks" to describe a frequently noticed distinction among types of social groups. While there have been many articles and books written on the subject, suffice it to say that individuals tend to be one or the other in their social participation and groups often can be dichotomized according to their predominant orientation.

Local networks are characterized by strong attachments, strong group identity with an inward view, highly emotional relationships, and high social connectivity wherein most friends are also likely co-friends with other members. Knowledge is handed down from those in the group tagged with that role (the Shaman). Norms are strong and enforced by peer

pressure. Ostracization is the ultimate means of social control. Personalities and relationships dictate who should be listened to. Social support is high. A marker is that it is almost considered mandatory to attend the funeral of a group member, even if you did not really like the person.

On the other hand, the cosmopolitan social orientation is characterized by loose and broad connections. "Friends" are more like acquaintances, and the cosmopolitan person tends to have many friends in many different situations. They tend to "network" and have lines of communication with individuals in power in many different settings. Cosmopolitan networks look to rules and standards for gauging interpersonal and group behavior. Interaction and group give and take are more contractual. The view is often outward. At their funerals, folks either do not come, or they come to be seen and network with the other people of worth who may show up.

It is not really a question of which type is better. The question might be, which type is better for what purpose? It turns out that Local networks do not always do as well at responding to rapid innovation - their strong interpersonal relationships get in the way. On the other hand, cosmopolitan network members have to provide for themselves in case of negative circumstances - they are somewhat alone except for what they can afford to handle themselves.

Can this social analysis be applied to the AMC? I suspect that the AMC as a Social Club is going through an adaptive period where the Local network model has been challenged, but remains pretty vibrant within the inner core of active participants in certain activities who maintain the Local sociality. The inflow of Cosmopolitan members, as perhaps fitting the changing climbing scene and the demographic pattern of the Phoenix metroplex, will likely continue. They will come through the doors and leave after their needs are met - but what they will tend to leave behind is a rich matrix of progressive ideas, challenges and opportunities.

In my opinion, this is all for the good. The AMC will likely shine as a Big House of many persuasions. We may understand the undertones if we look to the different perspective of the person next to us, albeit some looking inward and some looking outward.

- Erik Filsinger

Climbing Anchors School

Arizona Mountaineering Club

Spring 2005

The AMC Climbing Anchors School teaches participants how to set climbing anchors for top-roping. This course is the logical next step for AMC Basic Climbing School graduates.

Class curriculum:

- Tuesday: Learn anchor components, anchor types, knots and hitches.
Thursday: Learn anchor system characteristics and construction.
Saturday: Gain experience setting anchors by practicing "hands-on" scenarios.
Sunday: Apply newly learned skills setting real anchors on an optional climbing day.

Class schedule:

- | | | | |
|--------|----------|-----------------|--|
| Apr 12 | Tuesday | 6:30 pm–9:30 pm | *Dreamy Draw Park (Phoenix) |
| Apr 14 | Thursday | 6:00 pm–9:30 pm | Dreamy Draw Park |
| Apr 16 | Saturday | 8:00 am–4:00 pm | North Scottsdale |
| Apr 17 | Sunday | 7:00 am–5:00 pm | Climbing area to be announced during class |

*To get to Dreamy Draw Park take SR 51 (Piestewa Peak Freeway) to Northern; turn east on Northern. This takes you directly into the park. Class is at the big ramada.

Experience required: AMC Basic School graduate or equivalent, which must include knowledge of how to belay, rappel, prusik, tie a figure-8-on-a-bight and figure-8-on-a-follow-through, and make a girth hitch.

Cost: \$75 plus membership if not already a member (\$25 for an individual and \$30 for a family). Membership is good through Dec. 2005. Register by sending a check payable to AMC Anchors School to 1654 W. Boston St, Chandler, AZ, 85224. No credit cards accepted. The registration fee is fully refundable if you cancel. Call Nancy Birdwell at 480-821-1932 or email info.anchors.school@AzMountaineeringClub.org for more information. The number of students will be limited to 36.

Equipment required for the class:

- 2 non-locking "D" or oval carabiners (at least 2, bring more if you have them)
- 3 locking carabiners (at least 3, one of which should be a parabiner)
- 1 rappel/belay device (Trango Jaws, Black Diamond ATC, Trango Pyramid, Figure-8, etc.)
- 1 climbing harness
- 1 ea 4', 6', 10' 6mm prusiks (untied length)
- 2 ea 5', 10', 20' slings (1" tubular webbing, untied length, AKA runners)
- 1 or 2 personal anchor slings (commercial daisy chains or 4' sewn Spectra runners or equivalent)
- 1 helmet—**required for Saturday and Sunday sessions**, helmets are available if you do not have one.
- 1 20' cordelette (a 20-foot length of 7mm accessory cord)

(The slings, harness and cordelette are the only additional equipment needed over the Basic School requirements) This class is designed to teach you how to set top-rope anchors. In order to become independent and set your own anchors, you should start acquiring anchor gear. These purchases will be limited by how much money you want/have to spend and how much interest you have in climbing independently. The following gear is not required for Anchors School, but if you have some, you will be able to practice setting it in class. All of the gear recommended below can be used for Lead School, and none of it will be wasted if you intend to set your own anchors. All gear should be marked prior to bringing it to class to prevent confusion between it and other people's gear. If you don't know how to mark gear, check with an instructor before doing so to avoid weakening equipment due to improper marking.

For more information: Visit the Arizona Mountaineering Club website at www.AzMountaineeringClub.org.



Arizona Hiking Shack
11649 N. Cave Creek Rd.
Phoenix, AZ 85020
Phone: (602) 944-7723
www.hikingshack.com

We're located 1/8 mile south of Cactus
on Cave Creek Rd.

Three great reasons to shop at the Arizona Hiking Shack for all your climbing gear

1. The Arizona Hiking Shack has **IN STOCK** the largest selection of climbing gear in the Valley. Petzl, Metolius, Black Diamond, Misty Mountain, Omega, DMM, 5-10, Scarpa, La Sportiva, Yates, PMI, Sterling, 2-Cam, Climb Tech, Kong, Trango, Camp, Mammut, Boreal, Pica Mountaineering, and Trango are just a few of the brands we carry. If we don't have what you need in stock. . . we'll order it for you. . . with **FREE** shipping!

2. The **staff** at the Arizona Hiking Shack **are climbers** too. You get knowledgeable, friendly advice on gear, places to climb, and the absolute best fit on harnesses, shoes and helmets. The Arizona Hiking Shack is locally owned and has been selling gear to valley climbers since 1972. We take pride in helping to select the right hardware for your climbing adventures. (Besides most of us are AMC members also!)

At the Arizona Hiking Shack, **AMC Members get a 15% discount** on everything they buy, everyday of the week, every week of the year. Why? Two Reasons. First, we respect the job the AMC does. The AMC not only teaches people how to climb safely, they also teach an ethic of responsibility to the outdoors that is essential to keeping our climbing areas open. Second, you learn to climb in the valley. . . well, like it or not. . . we consider you one of OUR homeboys or girls and simply said, we want your business! Ultimately, we know you have many choices when it comes to purchasing your equipment and by having a great selection of gear, a knowledgeable staff, and totally killer deals, we hope you'll come shop with us.

Design Contest—OL Logo

Graphic designers and artists, put on your thinking caps.

The Board is planning on special shirts for Outing Leaders and would like to have an appropriate logo to use. This logo may be used for decals and hats as well as shirts. We are open to any designs, and the colors used in the design may even help determine the color of Outing Leader shirts.

Our initial thought is that the logo somehow should include the words "Outing Leader" or the initials "OL." We will look at any alternate suggestions as well. Please email your design to board@AzMountaineeringClub.org.

Lead School February 2005

Like many other events this winter and spring, we had to re-schedule part of Lead School due to rain, this time delaying us for two weeks.

Thanks to the instructors who were able to rearrange schedules and thanks to the students for being patient with the weather.

Lead school instructors:

Nancy Birdwell
Daniel Gonzales
James Iverson
Grant Loper
Paul Mandel
Monica Miller
Rogil Schroeter
Wayne Schroeter
Kathy Sharp
Richard Theobald

Lead school students:

Mark Chauvin
Bruce Corey
Peter Emerson
Marc Henning
David McClintic
Elisa Scinto
Dick Severson
Bob Spak
Paul Valenzuela
Daren Wunderle

Anchors School Instructors

The Anchors School instructor's meeting will be held at 6:32 pm Wednesday April 6, at Dreamy Draw Park.

Directions to the Park: Drive North on SR 51 to Northern. Turn right (East) off the exit Ramp and drive to the end of that Road. We will be in the Ramada at the top of the stairs, next to the Volleyball court.

The Anchors School dates will be:

Tue, April 12 6:00-9:30 pm, Dreamy Draw Park
Thu, April 14 6:00-9:30 pm, Dreamy Draw Park
Sat, April 16 8:00 am - 4:00 pm, North Scottsdale
Sun, April 17 7:00 am - 5:00 pm, location TBA

Want to Be a School Leader?

The Training and Schools Committee (T&S) is looking for people who are interested in becoming more involved in the schools. Some of us who have been teaching for a while would like to start developing replacements. If the idea of teaching interests you, please talk to Sally Larimer, Robert England, Wayne Schroeter or Jeff Hatfield or email T&S at wayne@iWayne.com. It is much easier for us to train people gradually than to try to get replacements quickly.

First Aid Classes

Outing Leaders who took the group First Aid class at Dave and Sally's house two years ago are coming up for renewal. John Keedy is checking into another group First Aid class. Call John at (623) 412-1452 for more info.

Also, we are working on bringing back Bugeye for another Back-Country Emergency Care class. If things work out, the cost will be \$125 per person, and will take a full weekend. Call Wayne at (602) 402-1631 for more info.

Meeting Minutes (cont. from pg. 4)

- c. Outing Leader recognition – Wayne led discussion regarding how to restore outing leader enthusiasm and excitement and therefore hold more outings. Group held consensus for providing outing leader specific t-shirts to leaders. An appropriate logo is to be determined through a contest held among the general membership.
- d. Training and Orientation – Wayne presented discussion on, and presented partial training materials for outing leader development training. Wayne presented ideas for when to hold prototype training. Dates and times were not finalized.
- e. Motion carried to approve club payment of cost of required permits (for outing leader only) on approved AMC outings.
- f. First Aid training – John will research first aid training and propose date and time for recertification training for outing leaders in May.

Meeting adjourned at 9:07.

New Members

Travis Bloedel
Jodie Bostrom
Trevor Brown
Christiana Bruchok
Steve Burkhart
Janice Burns
Robin Celkupa
Darcy Fleming
Jason Garvan
Marybeth Goodman
Brittany Harris
John Hartman
Lex Hoffman
Justin Kacer
Grayson Kidd
Michael Kniskern
Munish Lal

Tim Montgomery
Paul Pacheco
Michael Palagonia
Dallas Pardo
Matt Percy
Krya Perry
Hope Phillips
Tricia Rudloff
Bob Spak
Lucas Tieme
Kelly Trainor
Keith Waldrup
Patti Waldrup
Natalie Wesner
Lynnette Winn
Daren Wunderler
Justin York

Help Wanted

Advertising Chair

We are looking for someone to handle advertising that goes in the newsletter and perhaps solicit more discounts from merchants for Club members.

Outing Leaders

See page 8 for details on Outing Leader training.

Outings Chair

We are looking for a new Committee Chair for Outings - this person would contact the Outing Leaders and schedule outings for the AMC, would solicit help form the OLs for specific events, and would make sure the information gets on the calendar. The Outings Chair does not have to be an Outing Leader.

School Leaders

The Training and Schools Committee (T&S) is looking for people who are interested in becoming more involved in the schools. Some of us who have been teaching for a while would like to start developing replacements. If the idea of teaching interests you, please talk to Sally Larimer, Robert England, Wayne Schroeter or Jeff Hatfield or email T&S at wayne@iWayne.com. It is much easier for us to train people gradually than to try to get replacements quickly.

Yahoo Group Monitors

We are looking for two members who can help manage our Internet mail groups. This will take very little time, so if you don't have much time but wanted to contribute to the club, consider this opportunity. We have one group set up, and two more need to be created. Afterwards, there is minimal maintenance, perhaps occasionally changing a name

Roommate Wanted

to share 2000 Sq Ft 4 bedroom house
in Chandler
\$400 per month plus 1/3 utilities
if interested, please contact
Nancy at 480-821-1932

Calendar of Events *(Continued from page 16)*

Commercially Provided Training and Events

The events listed below are provided by commercial outfitters for the benefit of AMC members. They are not AMC Outings, nor are they led by AMC Outing Leaders, though they may be open only to AMC members. The commercial outfitter is solely responsible for all aspects of the outing, not AMC. While, in most cases, an AMC member may provide a service by AMC collecting the names of prospective participants and handling the logistics of out-of-town events, participants will sign up directly with the commercial outfitter.

Member Meeting Locations

April, May 2005

The April and May member meeting locations are unknown as yet.

Pueblo Grande Museum has started a construction project and will not be able to provide us their conference room. We will email the April meeting location when we have located a suitable facility. Remember, the April meeting will feature one of the best climbers in the world, Randy Leavitt.

Zen-Lizard Systems Presents

X-Chalk

The world's first rock climbing chalk that soothes hot and ripped up fingers – as you climb! Also helps heal cuts and scratches. All natural – no chemicals. Available at the Phoenix Rock Gym, Climbmex, the Arizona Hiking Shack, and online at:

<http://www.zen-lizard.com>



Calendar of Events

AMC Outings

Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

Apr 12 **Anchors School.** April 12, 14, 16, 17. See page 11 for details.

Apr 25 **AMC Member Meeting.** Guest: Randy Leavitt. Location will be emailed.

Apr 27 **Glacier Travel and Crevasse Rescue Class.** Apr 27, 30, May 1. See page 8 for details. Erik Filsinger at smorefil@aol.com

Apr 30 **Outing Leader Training.** Apr 30, May 1, 7, 8. See page 8 for details. Wayne Schroeter 602-402-1631 or wayne@iWayne.com.

May 27-30 **Indian Creek.** The place of long cracks and big racks. Come climb on outstanding sandstone. Contact Richard Horst at 602-309-1072 or email at horstrichard@aol.com.

Billboard—Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

(Continued on page 15)

Outing Leaders

Requirements for becoming a leader: take the Basic, Anchors and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Nancy Birdwell at (480) 821-1932.

| | | | | | |
|----------------------|--------------|-----------------------|--------------|-----------------------|--------------|
| Tom Conner | 480-897-7623 | Tim Lange | 480-598-9124 | Chris Query | 602-323-5927 |
| Erik Filsinger | 602-906-1186 | David Larimer | 480-425-9689 | Tim Schneider..... | 480-497-8377 |
| Jeff Hatfield | 480-897-1750 | Sally Borg Larimer... | 480-425-9689 | Rogil Schroeter | 623-512-8465 |
| Scott Hoffman | 623-580-8909 | Tim Medlock | 719-494-1171 | Wayne Schroeter..... | 602-402-1631 |
| Richard Horst..... | 623-434-4769 | Monica Miller..... | 623-362-0456 | Jef Sloat..... | 602-316-1899 |
| David Johnson..... | 623-486-7387 | Jeff Nagel..... | 602-318-9538 | Mick Strole..... | 520-856-3335 |
| John Keedy | 623-412-1452 | Paul Norberg | 602-808-9244 | Frank Vers..... | 480-947-9435 |
| Mike Knarzer | 602-751-1701 | Paul Paonessa..... | 602-493-7356 | Tim Ward..... | 602-212-1929 |

April 2005

AMC Outing Calendar

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------------|--|-----------------------------------|---|-----------------------------------|---------------------------|---|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 <i>Sunrise 6:07</i> <i>Sunset 6:55</i> <i>No Moon—</i> | 7 | 8 <i>New M 8th</i> | 9 |
| 10 | 11 AMC Board Mtg, Jutta's | 12 Anchors Class #1 | 13 <i>Sunrise 6:00</i> <i>Sunset 6:58</i> <i>M-set 12:00 p</i> | 14 Anchors Class #2 | 15 | 16 Anchors on rocks 1st Q moon |
| 17 Anchors on rocks | 18 | 19 | 20 <i>Sunrise 5:52</i> <i>Sunset 7:03</i> <i>M-rise 3:38p</i> | 21 | 22 | 23 |
| 24 Full Moon | 25 Members' Mtg, — Randy Leavitt | 26 | 27 Glacier Class #1 <i>Sunrise 5:44</i> <i>Sunset 7:08</i> <i>M-rise 11:18p</i> | 28 | 29 | 30 Outing Leader &—Glacier Training |

Arizona Mountain
4340 E Indian Schoc
Phoenix, AZ 85018

ADDRESS LABEL HERE