

DECEMBER 2005

ARIZONA MOUNTAINEER



Clinging to rugosities in a 5.12 pitch with acres and acres of space beneath makes for a dramatic photo and captures an ideal essence of climbing. But they also serve who only stand and teach; AMC does a lot of that— and has vastly improved Arizona's climbing's safety record thereby. Here Robert England explicates inconvenient facts about gravity and vector forces and demonstrates coping techniques for the a recent anchors class. Photo by John Keedy

The Arizona Mountaineering Club

Meetings: December meeting — The Phoenix Rock Gym, 1353 E. University, Tempe, SUNDAY, 18 Dec 05.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting at Jutta's home..

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Call: (623) 878-2485

Email:

president@azmountaineeringclub.org
board@azmountaineeringclub.org

Websites:

www.azmountaineeringclub.org
or — www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

Board of Directors:

President.....Jutta Ulrich602-234-3579
Vice-PresidentJohn Keedy623-412-1452
SecretaryRobert England...480-821-4243
TreasurerClay Vollmer602-595-7266
Director 2-yearBill Fallon.....602-996-9790
Director 2-yearJeff Nagel602-318-9538
Director 1-yearScott Hoffman623-580-8909
Director 1-yearWayne Schroeter 602-402-1631
Past PresidentBruce McHenry ..602-952-1379

Committees:

Advertising.....Open
Archivist.....Jef Sloat.....602-316-1899
Classification.....Nancy Birdwell...480-821-1932
Elections.....Dave Van Hook ..602-790-6283
Equipment Rental.....Erik Filsinger.....480-314-1089
Email.....Tricia Rudloff.....623-580-7740
Land AdvocacyErik Filsinger.....480-314-1089
Librarian.....Richard Kocher...480-966-5568
MembershipRogil Schroeter...623-512-8465
MountaineeringErik Filsinger.....480-314-1089
NewsletterWally Vegors.....602-246-9341
OutingsOpen
ProgramsSheri Kenly.....602-242-0504
Training & Schools ..Wayne Schroeter 602-402-1631
 Basic ClassSally Larimer480-425-9689
 Anchors Class.....Robert England...480-821-4243
 Lead ClassWayne Schroeter 602-402-1631
T-shirtsSally Larimer480-425-9689
WebSite.....Kirrawebadmin@amcaz.org

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*, The Access Fund newsletter. One can also join electronically at https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

This Month in the AMC

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Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 6151 N. 8th Ave., Phoenix, AZ 85013 or through email to azmountaineer@azmountaineeringclub.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call the editor at (602) 246-9341. wvegors@cox.net

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

HOT STUFF!!!

**Joshua Tree
Thanksgiving**

Holiday Party

**Gym "Meeting"
With Munchies**

Library

You must be an AMC member; i. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

JAN . NL Deadline: 10 DEC.

December Birthdays

Sally Larimer 1, Kathleen Granger 2, Caitlin Kovacs 4, Dale Tittensor 4, Bruce Weidenhamer 5, Shannon Flowers 7, John Hamilton 7, Zac Smith 7, Brian McHenry 8, Robert England 9, Jon Fallon 9, Christiana Bruchok 10, Leonard Dick 11, Perry Kearney 11, Frank Fischer 12, Alex Biegel 13, Keith Jendricks 13, Steve McClure 13, James Kehoe 14, Sherrie Holbrook 16, Dan Langmade 16, Mare Czinar 18, Al Potter 18, Justin Iske 20, John Keedy 20, Philip Goebel 21, Kathy Balland 22, Wallace Vegors 25, Mara Linder 26, Andrew Horst 27, Courtney Lyn Barnes 29, Clare Mix 29, Mark Hubble 30, Meredith Moody 30

Minutes of the AMC Board Meeting: 7 Nov, 2005

Members present: Jutta, Bill, Clay, John, Wayne,
Robert

Committee present: Wally, Erik

Meeting called to order – 7:08

Reviewed minutes of October 3 board meeting.

Motion to approve – Wayne

Second – John

Approved

Reviewed the Treasurer's report.

Motion to approve – John

Second – Bill

Approved

President's updates – general discussion.

General Business, Committee Reports, and Old

Business:

- Need to establish 2006 meeting locations.

Robert to contact and work with Bruce.

- Training and Safety – Wayne is working with the Boy Scouts on an alternative location (South Mountain) to the traditional North Scottsdale location for the Basic and Anchors Schools. Wayne is requested to provide basic information and contacts with the Boy Scouts to the board for follow-up as necessary.

- Outing Leader logo #5 is approved by the board for outing leader T-shirts. Wayne will contact Sally to begin the process of having the shirts made.

- The 2006 budget was reviewed, amended, and approved as amended.

- The board discussed a variety of options to increase revenue. As one measure, dues are increased for 2006 from \$25.00 to \$30.00 for individuals, and from \$30.00 to \$35.00 for family memberships. In addition, and following the board meeting, the training leads finalized the spring 2006 class dates in order to begin actively advertising and hopefully recruiting more participants/members. Wayne also noted that there are several members who have completed outing leader training and are actively pursuing outing leader certification. It is expected that the increase in number of certified outing leaders will result in more outings, hence more participation, and hopefully, an increased interest among the general public to become AMC members.

Meeting adjourned at approximately 9:15.

New AMC Email/Voicemail Administrator

We're happy to report that one of our recent requests for volunteers has paid off. Tricia Rudloff has agreed to take over email and voicemail duties for the AMC. With the proliferation of electronic communication over the past few years, the email duties in particular have become an important function for the club.

As a reminder, club emails now come from this address: amcmaillist@amcaz.org. Please update any spam filters or safe lists to reflect this new address.

Tricia is a graduate of AMC's three primary classes and has helped teach Basic and Anchors this fall.

She replaces Jeff Hatfield, who has refined and enlarged the usefulness of AMC's email and voicemail services during his several years as administrator. Sincere thanks to Jeff for his conscientious work.

The club still has several positions it needs to fill.

Meeting Dates for Rest of 2005

Board	Members Meeting
Dec 5	Dec 18 (Sunday)
Party — Dec 9	

DUES BE DUE
For the January Meeting

Discount Directory

The following merchants currently offer a discount to AMC members:

Arizona Hiking Shack—11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 15% discount.

AZ on the Rocks Gym — 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. Gym membership 10% off for AMC members.

OvertheCrux Inside Phoenix Rock Gym at 1353 E. University Dr., Tempe.. 480-890-0997. 15% off to AMC members.

Solid Rock Gym — 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 Gym membership 10% off for AMC members.

Rental Equipment

EQUIPMENT	Qty	\$Dep	1-3day	4-7day
MSR Alpine snowshoes	5	32	10	16
Ice Crampons	5	26	8	13
Ice axes (70 cm)	6	16	5	8
Ice axes (90 cm)	5	14	5	7
Snow shovel	1	8	3	4
PortaLedge	1	100	30	50
Climbing shoes...			Various sizes	Call

Equipment Rental Policy: All equipment rentals shall be only to current AMC members. AMC members renting equipment shall contact the Rental Committee Chair and arrange a time for pick-up and drop-off of rentals. Rental rates shall be as published in the AMC Newsletter. Two checks shall be collected from the renter. The first being for the rental amount. It will be placed into AMC accounts. The second check shall be a deposit held against the return of the item. It will be held and given back to the renter upon return of the equipment. If the return is not timely, is damaged, or is lost, the second check shall be held against the late amounts due or against any replacement or repair required. The AMC Member renting the equipment shall be expected to replace any lost or damaged equipment.

An AMC rental form (found under the Forms section of the website) will be used and will identify the name and contact information of the renter, the items rented, the rent due, as well as the replacement cost, along with statements indicating the renter's responsibilities for returning or replacing the items. Call Linda Locke at (602) 997-4235 for shoes. For everything else, call Erik Filsinger at 480-314-1089.

Treasurer's Report

Statement of Operations

to 31 October 05

Category Description	Amount
INCOME	
Access	202.00
Advertising	170.00
Dues 2005	5,142.00
Return of NSF expenses	31.00
Friends of Queen Creek	320.00
Interest	122.01
Merchandise (Tee Shirts & Etc)	591.00
Mountaineering Schools	1,012.00
Rental Income (incl shoes)	129.00
T&S School Rental Income	255.00
AARS Spring	2,475.00
AARS Fall	150.00
Basic Spring	5,280.00
Basic Fall	4,000.00
Lead Spring	750.00
Lead Fall	1,050.00
Navigation	150.00
First Aid Class	60.00
TOTAL INCOME	21,889.01
EXPENSES	
Access Fund Payment	202.00
Administration	1,032.82
Capital Exp	302.60
Classification	1,030.00
Equipment Maint	113.00
Friends of Queen Creek	320.00
Insurance	4,337.25
Land Advocy Comm	400.00
Library	30.00
Mountaineering Comm	93.30
Newsletter	3,134.73
Outings	194.18
Programs & Monthly Meeting Exp	4,323.23
Service/Bank Charge	73.00
Training	7,520.71
TOTAL EXPENSES	23,106.82
OVERALL FOR YEAR TO DATE	(1,217.81)
ACCOUNT BALANCES	
CD Account 1/21/06	10,121.73
Checking 12/31/05	10,513.56
TOTAL CASH ASSETS	20,635.29
Other Assets (gear)	2,048.25
OVERALL TOTAL	22,683.54

December Festival!!

Wear your Jingle Bells. Then do harder and harder wall problems at the Phoenix Rock Gym on Sunday, December 18th. If you peel you'll make a festive sound; that's what bells and belayers are for.

AMC will provide pizza and soft drinks for all and there will be no charge for climbing or gear for AMC'ers, family and friends.

If you want to try your hand at decorating cookies and stuff, you will have a large and appreciative panel of judges. You will not be disqualified for stopping at the grocery and buying a ready-made batch.

**Phoenix Rock Gym is at 1353 E.
University Drive, Tempe.
Sunday, Dec. 18 at 7:00 p.m.**

President's Message

The tragic death of Shelley Windsor has left all of us pondering our own mortality and perhaps we all vowed to take extra precautions the next time we go climbing. There is always a sense of uneasiness as we mourn and perhaps feel angry about a life lost, and at the same time we want to find out what happened. It is not being insensitive or critical to ask questions about the accident, I think it shows compassion and it shows that we are aware of the never-ending need to learn and review our techniques and skills. This includes such soft skills as patience, putting safety before fun, and helping our fellow climbers with safety checks. If there is human error involved it is often not because of incompetence or carelessness but perhaps because we feel sure of our skills or maybe just let our minds wander. You should never feel embarrassed about asking for help or getting someone else to check our equipment. We will keep Shelly in our thoughts and will keep her alive in our memory side by side with other friends and climbers.

Be safe and keep climbing. — *Jutta*

It is that time of year again... ELECTION SEASON

Forget the holidays,
Forget J-Tree,
Forget Christmas bonuses...

Let's focus on what's important: Who is going to run for office. We need board members and officers. So if you would like to nominate yourself or someone else P L E A S E... let me know.

Elections are 8 weeks away.

Thanks,
Dave Van Hook
AMC Elections Committee
davevanhook@yahoo.com

Queen Creek climbing area access issue Climb it? Or mine it?



Recreational access to the Queen Creek climbing area is being threatened by a copper mine that has been proposed by the Resolution Copper Company.

Resolution Copper is trying to take over Oak Flat campground via a congressionally legislated land swap, which in turn would threaten access to all these areas: Queen Creek Canyon, Apache Leap, Devils Canyon, Hackberry Canyon, etc.

We need your help to keep this world-class climbing area (and home of the Phoenix Boulderblast) from disappearing forever into a big hole in the ground. Join the Friends of Queen Creek!

We are not opposed to mining. But we are FOR ACCESS! We need to make Resolution Copper develop their mine in such a way as to preserve recreational access to these public lands.

Be a Friend of Queen Creek. Act now to help preserve access to your public lands by subscribing to the Friends of Queen Creek FREE e-mail action list at info@friendsofqueencreek.com

www.friendsofqueencreek.com

The AMC is represented on the Steering Committee of Friends of Queen Creek.

Thanksgiving at Joshua Tree

The annual AMC Thanksgiving outing at Joshua Tree National Park is right around the corner. If you're going, the information below should help you plan your trip.

Getting There

Many people leave after work on Wednesday; others come out Thanksgiving morning or afternoon. Depending on where you live in the Valley, you can expect the drive to take around 5 hours. The directions below are to the Indian Cove campground, where we will hold the potluck on Thanksgiving evening.

Option 1:

Drive west on I-10 towards Los Angeles, passing through Blythe and Desert Center. Watch for the Joshua Tree Cottonwood entrance. The Cottonwood entrance will bring you in on the south side of the park. Drive north all the way through the park to the town of Twentynine Palms (follow the signs), then turn left and drive west to the Indian Cove entrance. (The Indian Cove entrance is approximately 6 miles from the traffic light at Adobe Road in Twentynine Palms). Turn left and head south to the Indian Cove campground. After the ranger station, take the first right to the group campsites.

Option 2:

Drive west on I-10 towards Los Angeles, passing through Blythe. At Desert Center, turn right and head north on Highway 177. The only highway you will encounter (if you don't miss it) is Highway 62, coming in from the left. Turn left and head west on Highway 62 to Twentynine Palms. Follow directions above to Indian Cove Campground.

Camping

The club has reserved Indian Cove Group Site #1 for Wednesday and Thursday nights, November 23rd and 24th. This site was reserved by Bruce McHenry for the AMC.

Click here for a map: <http://lomaprieta.sierraclub.org/pcs/articles/image/indiancove.gif>.

There is a limit of 60 people and 20 cars at this site. Please carpool to help ensure that everyone gets a parking space. This will be the location of the group dinner on Thanksgiving evening (see details below). Please note that this is primitive camping: there is no running water or electricity, although water is available at the ranger station. There are pit toilets, picnic tables and trash receptacles. If possible, bring wood for evening campfires. You will need a parking permit to

park your car at the campsite; these will be available at the ranger station. If you are the first AMCer to arrive, please take the permits to the site and leave them under a rock on one of the picnic tables.

For anyone who wants to stay Friday and Saturday nights, there will be a lottery for five family campsites elsewhere in the Indian Cove campground for those nights. These sites have a limit of 6 people and 2 cars each. The lottery will work as follows: Self-formed groups of six will put their names on 3x5 cards. No name may appear on more than 1 card. We will draw 5 cards, shortly after the last person goes through the potluck food line. You do not need to be present for the drawing, but you do have to get your name on a card.

The Club will secure some overflow campsites in the Black Rock campground near Yucca Valley for those who do not get Indian Cove Family campsites. These will be reserved by Clay Vollmer for the club. Please, if you are camping at Joshua Tree and have not reserved your own campsite, please let Clay know you are coming. We will have directions to the Black Rock campsites available.

If you want to plan ahead and secure your own camping separate from the AMC sites, you can call 1-800-365-CAMP (2267) to check on availability. Also, there are hotels in all price ranges in the towns of Joshua Tree and Twentynine Palms.

Climbing

There is enough climbing in Joshua Tree to last you a lifetime. Regardless of the rating or type of climbing you prefer, you'll find just what you're looking for. If you don't lead, don't have the gear to set your own top rope anchors, or if you just want to climb and socialize with other AMC members, come to one of the AMC climbing outings noted below. We always need anchor-setters for the top rope outings; these are perfect for recent Anchor School grads or anyone who wants to brush up on their anchor-setting skills.

Thursday's Outings:

- . Dave and Sally Larimer: Top rope outing at Short Wall.
- . Mike Knarzer: Small multi-pitch outing(s) on Moosedog Tower.
- . Monica Miller: Small multi-pitch outing on Moosedog Tower.

(continued on page 9)

J-Tree — contd

Friday's Outings:

- . Rogil Schroeter: Top rope outing at Feudal Wall.
- . Mike Knarzer: Small multi-pitch outing on Lost Horse Wall, or cragging at another area in the park.

Saturday's Outing: TBD

See the link to the map in the Camping section above for directions to Short Wall, Feudal Wall and Moosedog Tower. They are all in the Indian Cove area.

Thanksgiving Dinner

The AMC Thanksgiving potluck is one of the highlights of the Joshua Tree festivities. Again this year, Clay Vollmer is coordinating the event and making his famous fried turkey. Sign-up to bring meats, side dishes, salads, breads, desserts, and beverages. Dishes should be prepared and ready to serve. Stoves are usually available to keep food warm. (Please let Clay know if you can provide a stove for heating food). Non-food items are also needed: Folding tables, lanterns, large pots, serving spoons, tablecloths, firewood, water to wash up. Bring your own utensils, dishes, and a chair.

For such a large gathering, it is very helpful to the organizers to have some idea of who is coming and what they are bringing. So far, only 10 people have signed up to bring food for the potluck dinner. While we are still 3 weeks away and you may not have decided what you want to cook, this year it is **VERY IMPORTANT** that you let us know that you are coming. There are still some non-food items needed, but they will go fast. Again, please let us know you are coming. Please either email Clay Vollmer at skatrash@cox.net or phone him at 602.595.7266 (home) with what you are bringing, or for suggestions of what is still needed.

Clay is bringing a 19-20# turkey to be fried onsite with cornbread dressing and giblet gravy. We will try this year to have a second turkey, depending upon how many people sign up for the dinner.

Food Preparation: We have had very good luck with the disposable double boiler approach, using 2 aluminum turkey roaster pans, available in most grocery stores. Put water in the lower pan, set it on a 2 burner stove and bring to a boil. Place couple of pieces of wood or some metal serving spoons in the lower pan, then place the pan containing the food inside the water pan. The wood or serving spoons will help keep the water in the lower pan. This procedure will heat up a large pan of dressing in about 30 minutes. Please

bring serving spoons if needed.

Reminder: There is a long-standing tradition of wearing plaid to the Thanksgiving dinner, so dress to impress.

Showers

In the past, some of the smaller hotels in the towns of Joshua Tree and Twentynine Palms have sold showers. Lately, the only reliable place to buy a shower is at Coyote Corner, on the corner of Highway 62 and Park Blvd., in the town of Joshua Tree.

Misc.

Weather is variable. Days are usually warm and sunny; nights will be chilly, and it is usually windy. Nothing is certain, so be prepared to get scorched, rained on, snowed on, etc.

There are numerous guidebooks available in the local shops; it is a good idea to own or have access to one for the correct portion of the park.

Resources

<http://www.ci.twentynine-palms.ca.us/>
<http://www.joshuatreechamber.org/>
<http://www.joshuatreecoyotecorner.com/>
<http://friendsofjosh.org>
<http://www.climbingjtree.com/>
<http://home.flash.net/~cfoster2/climbing/trad/jt/toprope/index.html>

NEW AMC MEMBERS

Valerie Bednar
Alex Biegel
Michele Bobik
Brian Escamillo
Chris Foster
Jeffrey Novacek
Stephanie Sanders
Debra Standal
Luke Stockbauer
Jon Weir

Basic Class

Twenty six students recently graduated from another AMC Basic Climbing School. We had to regroup quickly for the weekend sessions due to difficulty with the State Land Department. The State Land Department wanted to charge us for a Special Land Use Permit, in the neighborhood of \$2,000, to have access to the Opium Den and Little Granite Mountain. In the past, we've just had the normal use permit, but since we charge money for the class, they want to classify us as a commercial organization and require us to purchase a SLUP.

Being creative, problem solver types, we quickly came up with Plan B for the Saturday and Sunday sessions. It was a less expensive solution and worked out quite well.

Wayne Schroeter and a group of instructors took half of the students to the Pancake House on Saturday while David Larimer and a group of instructors took the other half of the students to Magma Gardens. On Sunday, we switched student groups and did it all over again. Students got a chance to climb some easy routes and a few harder ones, rappelling off the top of a few routes for practice. Special thanks to Wayne for leading the weekend sessions at the Pancake House, and to Dave for MagmaGardens.

The rock gym sessions at Solid Rock in north Phoenix proved to be quite a workout, as students used prusiks to ascend ropes and solve a variety of problems. For graduation climbs, Mike Knarzer led Jacuzzi Spires, John Keedy led the Hand, Robert England led the Monk, Tim Lange led South Crack, and David Larimer held a top rope outing in Prescott at High Rappel Dells. Jim Watson hosted the grad party afterward.

Thanks to the outing leaders for taking on the responsibility of leading the grad climbs, to all the instructors who helped with the classes and grad climbs, and to Jim for hosting the party. And thanks to all the students for giving us the opportunity to hold another Basic Climbing class!

Sally Borg Larimer
Blood Systems, Inc.
480-675-5529
fax 480-675-7529

Basic school instructors for 10/2005:

Ronald Auerbach
Nancy Birdwell
Paige Birdwell
Jodie Bostrom
Mark Chauvin
Mark Christiani
Slawa Ciula
Julie Dehlin
Richard Ellis
Robert England
Bill Fallon
Shannon Flowers
Jason Garvan
Charity Gonzales
Daniel Gonzales
Scott Hoffman
Gabriel Howe
Justin Iske
John Keedy
Mike Knarzer
John Kynyk
Tim Lange
David Larimer
Sally Larimer
Bruce McHenry
Terry Nelson
Peter Neubauer
Sonia Overholser
Scott Parsons
Matt Percy
Kim Petersen
Tammy Richards
Tricia Rudloff
Rogil Schroeter
Wayne Schroeter
Kathy Sharp
Jef Sloat
Charlene Todd
Kelly Trainor
Michael Turvey
Jutta Ulrich
Paul Valenzuela

Clay Vollmer
Jim Watson
Scott Winkler
Justin York

Basic school students
for 10/2005:

Bill Arndt
Valerie Bednar
Alex Biegel
Michele Bobik
David Cameron
Robin Celkupa
Celia Chavarin
Brian Crawford
Jonathan Diller
Brian Escamillo
Tom Folwell
Chris Foster
Sarah Hews
John Kadylak
Gordon Miller
Dayna Mueller
Jeffrey Novacek
David Rice
Stormy Rose
Stephanie Sanders
Charles Schultz
Randi Sheer
Luke Stockbauer
Brian Waichunas



Arizona Hiking Shack
11649 N. Cave Creek Rd.
Phoenix, AZ 85020
Phone: (602) 944-7723
www.hikingshack.com

We're located 1/8 mile south of Cactus
on Cave Creek Rd.

Three great reasons to shop at the Arizona Hiking Shack for all your climbing gear

1. The Arizona Hiking Shack has **IN STOCK** the largest selection of climbing gear in the Valley. Petzl, Metolius, Black Diamond, Misty Mountain, Omega, DMM, 5-10, Scarpa, La Sportiva, Yates, PMI, Sterling, 2-Cam, Climb Tech, Kong, Trango, Camp, Mammut, Boreal, Pica Mountaineering, and Trango are just a few of the brands we carry. If we don't have what you need in stock. . . we'll order it for you. . . with FREE shipping!

2. The **staff** at the Arizona Hiking Shack **are climbers** too. You get knowledgeable, friendly advice on gear, places to climb, and the absolute best fit on harnesses, shoes and helmets. The Arizona Hiking Shack is locally owned and has been selling gear to valley climbers since 1972. We take pride in helping to select the right hardware for your climbing adventures. (Besides most of us are AMC members also!)

At the Arizona Hiking Shack, **AMC Members get a 15% discount** on everything they buy, everyday of the week, every week of the year. Why? Two Reasons. First, we respect the job the AMC does. The AMC not only teaches people how to climb safely, they also teach an ethic of responsibility to the outdoors that is essential to keeping our climbing areas open. Second, you learn to climb in the valley. . . well, like it or not. . . we consider you one of OUR homeboys or girls and simply said, we want your business! Ultimately, we know you have many choices when it comes to purchasing your equipment and by having a great selection of gear, a knowledgeable staff, and totally killer deals, we hope you'll come shop with us.



Lots and lots of knots and anchor setups to practice and get right.

Thanks to All You Survey Respondents

A statistically useful and much appreciated sample of AMC'ers responded to the recent survey giving the board a better idea of how the club is performing. Thank you for your replies.

It quantified some needs for the board — on average an AMC member would like the opportunity to go on a suitable club outing about 10 times per year. (As expected, members expressed an almost universal desire for many more outings.) The board is very alive to this desire and is actively trying to qualify additional leaders — which is prerequisite to our offering more climbing outings.

Club members are very actively climbing, club outings or no. Most got out between four and twenty times during a year on a non-AMC “climb” — which is a bit less precise term than we assumed when we dreamed up that question.

A large proportion of respondents participated in our training program — as student, instructor or climb leader. Learning technical climbing was by far the leading reason for joining the AMC. An opportunity to go on club outings was important for many. Finding other climbers and forming new friendships were also common reasons cited.

In stated preferences, by a ratio of about four to one, respondents preferred half-day or one day outings that they could fit into their schedules with no

trouble. AMC nights as climbing gyms were also quite popular. They expressed a desire for about one fourth as many all-weekend, or out-of-state rock venues, or alpine outings. There was a significant number who asked for canyoneering, backpacking and “family” outings.

As to program likes and dislikes, most felt the present mix of big names, member adventures and other activities was about right.

In sum, there were no huge surprises. Most everybody felt the club leadership was trying hard and on generally the right track.

Only a couple stated they did not intend to remain as AMC members. One indicated that the AMC could do nothing (more) for him. This is part of the expected slow turnover of membership.

The survey results were useful. But they are not a substitute for cornering board members or outing leaders and offering your version of “What we oughta be doing is...”

— Editor

Anchors School 2005

Congratulations to all of the new Anchors School Grads!
And a hearty Thank You to all of the volunteer instructors!

We had a great day putting theory to practice at The Promised Land in Chino Valley ... and wound up the day with good Indian food and a bit of wacky entertainment by "Gill" (the waiter) at Prescott's Taj Mahal restaurant.

A few even had enough energy to come out for more on Sunday. This time we stayed close, setting anchors, and climbing at the Titanic Wall (Euro Dog Valley - Queen Creek) ... where we discovered yet another rock diva and more than one rock master among us ... but I'll leave it to them to reveal themselves.

Remember: Keep those anchors simple ... and ERNEST.

Reminder to grads - When you're ready to get out and practice, but there's not an outing available ... contact theanchors-guy@yahoo.com ... and we'll see what we can put together.

Climb safe!

— *Robert England*



The list of students for Nov 2005 Anchors school:

Valerie Bednar
Christine Bolick
David Cameron
Debra Carpenter
Robin Celkupa
Brian Crawford
Jonathan Diller
Brian Escamillo
Tom Folwell
Sarah Hews
Gordon Miller
Jeffrey Novacek
David Rice
Cindy Ruiz
Charles Schultz
Randi Sheer
Luke Stockbauer
Jason Weaver

The list of instructors for Nov 2005 Anchors school:

Ronald Auerbach	Kim Petersen
Nancy Birdwell	Tricia Rudloff
Mark Chauvin	Rogil Schroeter
Mark Christiani	Wayne Schroeter
Julie Dehlin	Richard Theobald
Richard Ellis	Kelly Trainor
Robert England	Paul Valenzuela
Bill Fallon	Wallace Vegors
Shannon Flowers	Clay Vollmer
Jason Garvan	Jim Watson
Daniel Gonzales	Justin York
Jan Harding	
John Keedy	
Mike Knarzer	
John Kynyk	
Sally Larimer	
Monica Miller	
Terry Nelson	
Matt Percy	

QUEEN CREEK UPDATE

We have some tentatively good news on Queen Creek climbing access. What follows below is a status report and, while the devil is always in the details and we have yet to inspect the actual language, it appears that we may have the elements of a reasonable compromise on Queen Creek climbing. If you have any specific questions, feel free to contact Erik Filsinger, AMC Land Advocacy Chair, or Clay Vollmer, Queen Creek Area Representative, at _smorefil@aol.com (mailto:smorefil@aol.com) or _skatrash@cox.net (mailto:skatrash@cox.net) respectively.

And before we lay out what we hope is happening, let's take this occasion to thank the Friends of Queen Creek and the Access Fund for their diligent efforts on behalf of AZ climbers. We also need to thank all of those climbers who called and wrote letters to their elected officials. Without that groundswell of opposition, we would not gotten this far.

A meeting was recently held at the offices of one of AZ members of Congress. Several staff from the AZ congressmen were present, as were Curt Shannon of Friends of Queen Creek and Jason Keith from the Access Fund. Resolution Copper was represented by top management. The cards were put on the table and it was congressional staff who strongly suggested that it was time to work things out and asked Resolution to give a little more. Here are the elements of the oral agreement, which will be put into language yet to be finalized and placed into the Land Exchange legislation.

It is likely that the Mine Area and Euro Dog Valley will remain open the earlier of about two years, or until mining operations begin in earnest. Keep in mind that many factors may affect passage of the Land Exchange bill. It is not even a certainty that Resolution will in fact begin mining given changes in technologies, copper prices, etc., but that is the initial plan. No hearing dates for the legislation have been set as of yet.

Climbers would be given access to climb through a license in the name of the Access Fund. It will cover climbing at Atlantis, the Pond, and the Oak Flat Exchange Land. Likely it will be revocable in whole or in part. Initially the license will be for 5 years and will be renewable, perhaps in 5 year terms.

Revocation or renewal may well depend on min-

ing safety issues and the good behavior of those climbing. Curt met with the Resolution surveyors to set these areas on the ground and to develop legal descriptions of the land to be included.

Access remains to be determined, but Apache Leap will be covered by a conservation easement. Lower and Upper Devils Canyon are outside of the land exchange and theoretically climbers can still climb if we can arrange access, which is an element we are trying to work out.

In reciprocation for Resolution agreeing to include these provisions Friends of Queen Creek and the Access Fund will withdraw their opposition to the Land Exchange bill.

As a somewhat separate issue that is also potentially a win for AZ climbing, Resolution is talking about improving the access to the new climbing area called Tam O'Shanter as part of the Land Exchange legislation. Most of it resides on state owned land, so it is a public climbing area, but the road is virtually impassable. Improving the road would really help get into it. Routes have already been developed by John Sherman and crew. Arizona State Parks Department is considering making it a destination climbing area. The website is: [_http://www.climbtamo.com/index.htm](http://www.climbtamo.com/index.htm) (<http://www.climbtamo.com/index.htm>)

Besides having some location maps and great photos, there are a couple of downloadable PDF files which contain a full guidebook to the new area. They actually download wonderfully on a color printer, so check them out.

Note — would not respond to Ed. ????

Q. CREEK CLEANUP & CLIMB

This October 29th, we had our semi-annual QC Cleanup & Climb. The weather was storybook perfect and seventeen brave climbers came to the Oak Flats turnoff to pick up trash along highway 60. We totaled 20 bags of roadside debris; everything from crunched hubcaps to a brand new Edelrid 11mm 60m rope that must have fallen off someone's truck (just kidding).

While we gathered trash, Scott Hoffman recruited Keith & Patti Waldrup as helpers and set up the best climbs in the Pancake House. An hour of dodging cars later, we all shoed-up and with 75 degree temps, had the rest of the day for cool climbing and warm company.

We left thirteen month old Emily with a sitter so we could climb more, but it was good to have the Waldrups there with a foster baby enjoying the day and the energy of the group. They went so far as to actually haul the tot to crag, and while some suggested duct-taping him into a little harness, they were content to just bag route after route.

Even though this area is threatened by future mining exploitation, spirits ran high and a great time was had by all.

Special thanks to Scott Hoffman and everyone who helped set up the climbing, the recent graduates of basic school (Welcome Ya'll!), and those diligent souls for coming back season after season!

Participants: Deb Fuentes, Scott Hoffman, Dave Schultz, Sarah & Ron Auerbach, Gordon Miller, Cindy Ruiz, Kelly LaRosa, Shelby & Tim Medlock, Patti & Keith Waldrup, Sheri Kenly, Paul Vallnwell, Eileen Bulman, and Tiina & John Perlman.

— *T & J Perlman*



Queen Creek Cleanup and Climb Crew

AMC Alpine Seminar

On a sunny Sunday the annual AMC Alpine Rock seminar outing was held at a local crag. Everyone seemed to have a grand time simulating climbing on the Grand, or a similar alpine realm. Super job to all! Here are the Grads and Teaching Assistants.

Graduates

Karl Anderson
Julie Dehlins
Bill Fallon
David McClintic
Terry Nelson
Kim Patterson
Matt Percy
Paul Pacheco
John Schneider
Zac Smith
Kelly Trainor
Justin York

Teaching Assistants

Robert English
John Keedy
Bruce McHenry
Wally Vegors

“What was I thinking”, I nearly said aloud to myself as I sped down Hayden Avenue toward United Blood Services on Friday, September 10th. I was running late, there was an accident at Chaparral; should I take this as a sign that maybe I shouldn’t go? Oh well, I paid 120 bucks and I could manage somehow to get through what was looking to be a long and boring weekend sitting in a classroom being lectured to for 22 hours about things that if actually encountered in real life would probably induce me hurl. What the heck, I knew most of the people in the class, so at least the breaks would be fun.

Man, was I wrong! About everything! First, there were few breaks and I along with my twenty fellow classmates was glad of it. Second, it was one of the best courses I’ve ever taken in my 26 or so years of schooling. The instructor, John “Bug Eye” Papastathis, managed to be energetic, humorous, focused, knowledgeable and on-task every minute. And, did I mention humorous? His syllabus is no-nonsense and provides the aspiring backcountry first aider what she/he needs to know with just enough in-depth anatomy to understand the process and technique being taught. Woven into the curriculum were numerous opportunities for hands-on practica as we exchanged places in the various roles of patient, lead and assistant / scribe. I can only describe my first opportunity to play lead rescuer as being similar to the first time “Basic School” student making those unfamiliar calls; although proceeding through a full Primary and Secondary survey, taking all vital signs and writing it all down made climbing calls seem like a walk in the park. Bug Eye kept the lecture portion lively and relevant and liberally scattered with real-life anecdotes from his various careers as 20 year veteran fire-fighter and back country and expedition medical guy. He rewarded correct or insightful answers by awarding band-aids. I’m still carrying my grand total of two in my wallet. Whoever had the most at the end

was to receive a prize. Fierce rivalries crept up as everyone vied for these most coveted and honorary symbols of attentiveness and acuity. (Dave and Sally Larimer were frequently spotted stealing one another’s and nearly had to be separated for squabbling over them.) In the end, Scott Hoffman who is currently enrolled in an EMT program, prevailed with enough band-aids to start a small field hospital. Another cre-



Dislocated shoulder? No problem...

dentialed professional, Kim Peterson an Emergency Room nurse who is currently enrolled in a masters degree program, remained courteously moot (so as not to cop too many band-aids) on many points but was often called on by Bug Eye to confirm various protocols and scenarios that might ensue once patients hit the emergency room. It was terrific to have her there to provide “...the rest of the story...”.

Bug Eye’s humorous anecdotes can be illustrated by one of our collective favorites. Apparently, he was first to arrive at a particularly nasty accident. The driver’s legs were pinned in the car and he was obviously in some pain. However, during the first few minutes, Bug Eye surmised that his patient was actively using one or more recreational drugs. The patient insisted that he be administered “something for the pain”. Since this is not something an EMT is likely to administer

under almost any circumstance, Bug Eye repeatedly attempted to calm the patient while they awaited the ambulance. After many minutes and much wailing and agitation, Bug Eye decided to administer a placebo in the form of oxygen. He told the patient, that although he would be breaking all the rules, he would, just this once, give the patient a potent dose of “oxygenated morphine.” Once the oxygen mask was applied to the patient’s face, he immediately calmed down and reported that he felt much better. Bug Eyes report to Ambulance technician within ear-shot of the patient as to what he had done was met with raised eyebrow and a smile. Apparently they kept the ruse going until he could be given the real thing.

(Continued on page 17)

Backcountry — cont. From p.16

The course's "Final Exam" was a simulated search and rescue operation held in the desert area just south of our borrowed classroom in North Papago park. The premise was that four friends with little water and less sense headed into the desert for a short hike. They were due to return several hours earlier and friends and family were concerned that they were lost. Our job was to find, diagnose injuries and then transport our patients back to the classroom area where we would discuss the situations and critique the various first aid and diagnostic procedures we'd been studying for the past several days. As can happen in the real world, our command control and communication system failed almost immediately and chaos reigned supreme. Bug Eye or the "Scene God" had done a masterful job of applying varying degrees of gory makeup including fake blood, protruding bones and rouge to the victims which added a frightening level of realism to our task. It was surprising in spite of the knowledge that this was a simulation, how many fellow students reported their own heart rates elevating and a level of anxiety which possessed us during this simulation in the 100 plus degree desert simulation. Adding to the Chaos, the Scene God whispered to Kim to fall down and succumb to heat stroke, bringing our total number of patients now to five. Dave Larimer, our protruding femur patient, had to be transported by litter through the desert, into our awaiting pick-up truck and finally to the classroom. We were all given the opportunity to try a turn as a litter bearer. Several fellow bearers commented that they were glad it was Dave Larimer and not Dave McClintic in the litter; I couldn't have agreed more give the difference in our weights!

Our final ceremony in which we formed a shoulder clasped circle and resisted the urge to sing kum-by-ahh, was moving never-the-less. Bug Eye entreated us all to prepare ourselves well when entering the wilderness with our friends and he solemnly hoped that we would never get a chance to use what we learned.

Thanks to all my fellow students for giving up this weekend to learn these valuable skills. As usual, this type of dedication effort makes me feel that much better about exploring the desert southwest with AMC folks. Here is the list of people with whom you too can feel just a little better about entering the backcountry.



*"Who has the band-aid?"
The group gets organized for a series of field exercises that test their knowledge and ingenuity*

Sally Larimer, Jodie Bostrum, Debby Brown, Steve Burkhart, Dave Cameron, Stacy Driskell, Mark Drisskell, Bill Fallon, Debborah Fuentes, Rick Gray, Eve Hoffman, Scott Hoffman, John Keedy, Dave Larimer, Dave McClintic, Melissa Neubaur, Peter Neubauer, Kim Peterson Bruce Robbins, Rogil Schroeter, Jutta Ulrich

I'm sure my classmates would join me in thanking Sally Larimer and United Blood Services for a wonderfully comfortable classroom for the weekend, Sally and Dave Larimer for hosting Bug Eye for the weekend at their home, Rogil Schroeter for organizing and recruiting and Peter Neubauer for hand-lettering our wallet certificates. And finally, thanks to Bug Eye for making the trip from his boat and semi-retirement in Mexico. It was truly an extraordinary course. If anyone would like more information on Bug Eye and the courses he teaches, please visit his web site at: www.swesbugeye.com

- Dave McClintic

Roped Soloing, Or How to Get All Tangled Up

Recently I was emailing a good friend after having spent the day doing some Roped Soloing. I know folks like Paul Diefenderfer and Marty Karabin are now as natural at roped soloing as they are otherwise climbing, but in this particular email account I was all tied up in the mechanics of it all. I wrote:

"...I was out in Lower Devil's Canyon at Queen Creek today, rope soloing. Really an interesting experience. Sometime I'll reflect on the phenomenology of it, but just at the moment still thinking about the mechanics. Using a Silent Partner device that attaches to the harness. It uses a clove hitch to activate and tighten under a fall condition, so your Belay is at your harness. The end of the rope is attached to the base anchor, and the rope slides through the device from a pile at the base of the climb. You clip in to pro between the Base Anchor and the Silent Partner, so if you fall the increased rope speed tightens the Clove Hitch and activates the brake mechanism in the Silent Partner. You can back it up like you do in Aid Climbing by "tying in short" with a Back-Up Knot on the slack end of the rope (rope pile) and then removing the back-up knot as it moves up closer to the Silent Partner. When you reach the top you can rappel, lower, etc. as fits the situation. Of course, if doing multi-pitch (I was not) you have to fix the line, return to the base, remove pro, "re-climb" the section, set another Base Anchor, ..."

What I didn't speak to in that communication was the experience of it, or maybe I did and just wasn't listening. What I didn't think I wrote about was the Joy of it. Let me remedy the situation and in so doing maybe spark someone else's imagination to climb out beyond the edge.

Why do we climb? To go beyond the "Because It's There" George Mallory response, I feel focused and separate from the everyday world and everyday people. We climbers feel "free" when we climb. Part of that Freedom is the ability to See -- see Nature without the noise, see Yourself without the impression formation of sociality, see...whatever you want.

The logical extension of that Freedom is the Solo. It is just you -- your skills, your judgment...no one else to rely on (or limit your freedom).

While I must admit that I was a little tangled up in the rope work (literally), I could glimpse the exhilaration of the Freedom. I had clipped the third bolt (this

time correctly between my Belay and the Anchor) and was looking up for the top cold shuts. A crack neared. A perfect fit for one of my favorite Aliens, the yellow one. Why not? I stopped, hung from my right hand, placed the piece, tugged on it to make sure it was set, reached down to pull up some slack to clip in, made sure I was not back-clipping (new look from this set-up!), and moved upward again. My "climbing" call was silent,...., and sweet.

My mind recounts the scene. Maybe I'll climb with a Fifi hook to have the option to hang while clipping pro. Recovering sufficient slack to clip is more awkward in this technique than regular leading...That might work. HmMMMM!

...and what exciting possibilities this has for Ice Climbing. Me and a stack of rope, a few screws, ... and I get to climb each pitch twice. I'm off to play.

To share experiences with roped soloing, contact me at smorefil@aol.com.

Erik Filsinger

DUES BE DUE

It is time to renew your membership for 2006. The membership year runs from January to December; \$30 for single or \$35 for family membership.

Please make your check payable to AMC and bring to the next meeting or send to:

AMC Membership
6519 W. Aire Libre
Glendale, AZ 85306
Call 623-512-8465 if you have questions.

If your name, address, phone or email have changed, please enclose corrections with your check. If you would like your cell phone listed on the monthly phone list instead of your home phone, please let me know.

Climb safe and enjoy life!!

--Rogil

Proposed 2006 AMC Budget

Budget Notes:

The principle income assumption is that we can raise Training Income about 25% over 2005. A secondary income assumption is that Dues are raised in 2006 from \$25 to \$30 - Individual and from \$30 to \$35 - Family. (Such a motion passed at the November 7, 2005 Board meeting.)

The 2006 Budget has planned for \$4,580 more in expected expenses than in anticipated income. Total surplus at the end of 2005 is estimated at \$19,500. If 2006 actuals match the 2006 budget, our surplus will be reduced to less than \$15,000.

The Board recognizes that much effort will be needed to accomplish the goals and initiatives inherent in the budget. The Board will need the help of the Membership to realize the organizational and financial assumptions made.

Clay Vollmer
AMC Treasurer

The Board might appear presumptuous for raising dues from \$25 to \$30 for 2006 without putting it to a vote of the *full* membership, whether required or not. If there were time, that certainly would have been done. However, the AMC bylaws do not require anything besides board action and, in order to meet the deadline for presenting a proposed budget to the members, it was felt necessary to do it at the last board meeting. Income from the \$5 boost will not solve all of AMC's financial problems, but it will help.

Expenses have increased substantially: insurance especially, along with certification and training costs, rental fees for school and club meeting facilities, postage, etc. etc.

— Editor

INCOME	
Advertising	320.00
Dues 2005.....	6,720.00
Interest.....	240.00
T-Shirts (AMC)	500.00
T-Shirts Grand Canyon.....	400.00
TOTAL Merchandise	900.00
Mountaineering Schools	1,200.00
The Access Fund - fundraising	200.00
Other fundraising.....	100.00
TOTAL Organization Contributions.....	300.00
Rental Equipment	150.00
T&S Schools Rental Income.....	250.00
TOTAL Rental Income.....	400.00
Spring	1,875.00
Fall	1,875.00
TOTAL AARS	3,750.00
Spring	6,080.00
Fall	6,080.00
TOTAL Basic School	12,160.00
Spring	1,200.00
Fall	1,200.00
TOTAL Lead School	2,400.00
Navigation Class.....	200.00
TOTAL Training Income	18,510.00
FROM Checking	4,580.00
TOTAL INCOME	28,590.00

(continued on page 20)

Proposed Budget — continued from p. 19

EXPENSES		
Food	0.00	Food
Other	400.00	120.00
Postage	100.00	Camping Fees.....
Printing.....	100.00	800.00
Promotion.....	50.00	Entry Fees
Supplies.....	100.00	150.00
Telephone.....	475.00	Other
Website	250.00	50.00
TOTAL Admin.....	1,475.00	TOTAL Outings.....
		1,120.00
Bank Charges/NSF.....	40.00	
		Facility Rental
Mountaineering	600.00	1,600.00
Rental Equipment.....	100.00	Monthly Meeting.....
TOTAL Capital Expenditures	700.00	4,000.00
		Food
Rental Gear Equip. Maint.....	50.00	600.00
Insurance	5,000.00	Other
		0.00
Organizational Contributions	900.00	TOTAL Programs
Operations	200.00	6,200.00
Special Requests.....	0.00	
TOTAL Land Advocacy Committee	1,100.00	Equipment.....
		7,000.00
Library	150.00	Facilities.....
		1,200.00
T-Shirts AMC	400.00	Wilderness First Aid Seminar.....
T-Shirts Grand Canyon	275.00	400.00
TOTAL Merchandise Expenses	675.00	Food
		500.00
Mountaineering	150.00	Navigation Class
		150.00
Labels.....	60.00	Postage.....
Other	200.00	0.00
Postage	1,300.00	Printing.....
Printing.....	2,300.00	1,000.00
TOTAL Newsletter	3,860.00	T-Shirts & Incentives
		500.00
Certifications.....	1,250.00	TOTAL Training.....
First Aid Renewal.....	250.00	10,750.00
Incentives	400.00	
TOTAL Outing Leaders	1,900.00	TOTAL EXPENSES
		33,170.00
		less INCOME (from above)
		28,590.00
		Over/(Under).....
		(4,580.00)

Calendar of Events (Continued from page 22)

Group outings are intended to be social climbing experiences with no supervision. They may or may not be organized by an AMC Outing Leader. If they are organized by an AMC Outing Leader, the Leader will only be responsible for organizing the time, date, meeting places, and any necessary camping. The AMC Outing Leader may also set anchors, but will not be responsible for supervising any climbing activity or for monitoring the anchors they set. Participants are responsible for their own climbing activities, their own climbing partners, and for monitoring anchors, whether set by an AMC Outing Leader or not. Participants are also responsible for their own conduct and safety at the campsite and during any approaches to and from the climbing areas. If any AMC equipment is used for the outing, the participants using that equipment are responsible for checking the equipment before use and for using the equipment properly and in the safest manner possible. The campsite, where possible, may be reserved and paid for by the AMC. Parking may be first-come, first-served.

Billboard—Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

Commercially Provided Training and Events

The events listed below are provided by commercial outfitters for the benefit of AMC members. They are not AMC Outings, nor are they led by AMC Outing Leaders, though they may be open only to AMC members. The commercial outfitter is solely responsible for all aspects of the outing, not AMC. While, in most cases, an AMC member may provide a service by AMC collecting the names of prospective participants and handling the logistics of out-of-town events, participants will sign up directly with the commercial outfitter.

Feb 18-20 **AMC Beginning Ice Climbing and Avalanche Awareness Course** offered by Southwest Adventures, a guide service based in Durango, Colorado, President's Day Weekend (Feb 18-20). (This is not an official AMC event.) Learn the basics of ice climbing in a top rope situation. Group gear provided.

Rentals available. 4 person minimum at \$205 per person for Basic Ice and \$60 per person for Avalanche Awareness. For further information on the class, contact Erik Filsinger at smorefil@aol.com.

Zen-Lizard Systems Presents

X-Chalk

The world's first rock climbing chalk that soothes hot and ripped up fingers—as you climb! Also helps heal cuts and scratches. All natural—no chemicals. Available at the Phoenix Rock Gym, Climbmax, the Arizona Hiking Shack, and online at:

<http://www.zen-lizard.com>



Calendar of Events

AMC Outings

Please note: It is suggested that Outing participants donate gas money to the Outing Leader, and that car-poolers share the cost of gas for the driver. See footnotes below for other info about outings.

- Nov 23-27 **Thanksgiving at J-Tree (group outing)**. Info on page . Group outings are not supervised (see below).
- Dec 3 **The Mace**, Sedona. Frank Vers leads this classic sandstone spire (5.9+) for the 12th time. Limit 4. Contact 480-947-9435.
- Dec 3 **Mt Lemmon**, Tucson. “The Ruins” Come and join Mike Knarzer and Monica Miller for some fabulous winter climbing at The Ruins that offer over 30 climbs ranging from 5.9 to 5.11. Optional overnight camping at Molino Campground located between mile post 5 and 6 on the lower portion of the mountain. Limit 12. Contact Monica Miller at monkmler510@yahoo.com.
- Dec 5 **Board Meeting** at Jutta’s, 7:00 p.m. 1234 E. Luke, 7 p.m. between Bethany Home and Indian School off 12th St. Thinking of running? Check out what board and committee members do.
- Dec 9 **AMC Holiday Party** —place TBA
- Dec 18 **AMC Member “Meeting”** at Phoenix Rock Gym — SUNDAY evening. 1353 E. University Dr., Tempe. Bring munchies.

Footnotes: (on continued page)

Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader’s permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor’s safety.

(Calendar continued on page 21)

Outing Leaders

Requirements for becoming a leader: take the Basic, Anchors and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Nancy Birdwell at (480) 821-1932.

Tom Conner	480-897-7623	Tim Lange	480-598-9124	Tim Schneider	480-497-8377
Robert England	480-821-4243	David Larimer	480-425-9689	Rogil Schroeter	623-512-8465
Erik Filsinger	602-906-1186	Sally Borg Larimer ...	480-425-9689	Wayne Schroeter	602-402-1631
Scott Hoffman	623-580-8909	Tim Medlock	480-963-3496	Jef Sloat	602-316-1899
Richard Horst	623-434-4769	Monica Miller	623-362-0456	Mick Strole	520-856-3335
David Johnson	623-486-7387	Paul Norberg	602-808-9244	Frank Vers	480-947-9435
John Keedy	623-412-1452	Paul Paonessa	602-493-7356	Tim Ward	602-212-1929
Mike Knarzer	602-751-1701	Chris Query	602-323-5927		

DECEMBER 2005

AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> NOTE Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge. </div>				1	2	3 Mt Lemon, Tucson — The Mace, Sedona
4	5 AMC Board	6	7 Sunrise 7:20 Sunset 5:20 M-rise 12:36p	8 1st Qtr	9 AMC Holiday Party	10
11	12	13	14 Sunrise 7:25 Sunset 5:22 M-rise 4:27p	15 Full Moon	16	17
18 AMC Mtg and Gym Night	19	20	21 Sunrise 7:29 Sunset 5:25 M-set 11:38a	22	23 Last Qtr	24
25	26	27	28 Sunrise 7:32 Sunset 5:25 M-rise 5:07a	29	30 New Moon	31