

# ARIZONA MOUNTAINEER

MARCH 2002

*Eight AMC Mountaineers climbed Mt. Humphreys February 2-3 after spending the night at 10,200 feet in a variety of shelters, some makeshift, in 20-degree temperatures. Only seven summiteers are shown because one had to take the picture. James Iverson's camera. Erik Filsinger's shutter release.*



# THE ARIZONA MOUNTAINEERING CLUB

**MEETINGS:** The AMC normally meets the 4th Mon. each month (Nov. & Dec. meetings are usually the 3rd Mon.) at 7:00 pm at:

Los Olivos Senior Center  
2802 E. Devonshire Ave.  
Phoenix, Az.  
(28th St. just north of Indian School Rd.)

**BOARD MEETINGS:** Board meetings are open to all members and are held two Mondays prior to the Club meeting at Los Olivos Center.

**DUES:** Dues cover January through December. A single membership is \$25.00 per year; \$30.00 for a family. Those joining after June 30 pay 50% of the yearly rates. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee  
6519 W. Aire Libre Ave.  
Glendale, Az. 85306

**OTHER CORRESPONDENCE:**

Arizona Mountaineering Club  
P. O. Box. 1695  
Phoenix, Az. 85001-1695

**SCHOOLS:** The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Contact the Training & Safety Committee for schedules and costs.

**NEWSLETTER**

Send stories and photos to Wally Vegors, 6151 N. 8th Ave., Phoenix, Az 85013 or e-mail <vegors@worldnet.att.net> Electronic photos should be 300 dpi in JPG.

**BOARD OF DIRECTORS:**

President	Erik Filsinger	480-314-1089
Vice-President	Bruce McHenry	602-952-1379
Secretary	John Keedy	623-412-1452
Treasurer	Tim Ward	602-212-1929
Director-1yr	Tom Conner	480-897-7623
Director-1yr	Mark Hubble	480-804-1822
Director-1yr	Scott Hoffman	623-580-8909
Director-1yr	Tim Schneider	480-497-8377
Director-1yr	Dave Larimer	480-425-9689

**COMMITTEES:**

Access	Jen Davies	480-473-3742
Classification	Scott Hoffman	623-580-8909
Conservation	Charlene Todd	480-917-5354
Elections	Don Thomas	480-892-9513
Equip Rental	Paul Norberg	602-808-9244
Email	Jeff Hatfield	480-783-8779
Librarian	Richard Kocher	480-966-5568
Membership	Rogil Schroeter	623-878-3914
Mntneering	Erik Filsinger	480-314-1089
Newsletter	Wally Vegors	602-246-9341
NL Distribution	Robert England	480-821-4243
Outings	Bruce McHenry	602-952-1379
Programs	Steven Tillery	602-224-9003
Public Relations	Kim Huenecke	602-569-0790
Trail Maint.	Jutta Ulrich	602-234-3579
Training; Safety	Jeff Hatfield	480-783-8779
Basic Class	Sally Larimer	480-425-9689
Anchors Class	Tom Conner	480-897-7623
Lead Class	Mick Strole	602-788-4031
T-shirts	Wendy Gaynor	602-547-2560
WebSite	Kirra .....	.....
.....	webadmin@azmountaineeringclub.org	

**FOR MORE INFORMATION:**

Call	(623) 878-2485
Email	info@azmountaineeringclub.org president@azmountaineeringclub.org board@azmountaineeringclub.org
Web	www.azmountaineeringclub.org

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**THE AMC ACCESS COMMITTEE:** The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Access Committee Chair, Jen Davies, 480-473-7342.

**THE ACCESS FUND:** This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$20 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$20 or more is needed to receive Vertical Times, The Access Fund newsletter. One can also join electronically — <<http://www.accessfund.org/Join.html>>

## **THIS MONTH IN THE AMC**

- 1 Index, Club Info.; Birthdays this month
- 2 Board Meeting Minutes; New Members
- 3 Discounts, Treasurer, Equipment
- 4 Program — Mike Lebeki Expeditions
- 5 Humphrey Snow Camp and Climb
- 6 Glacier School; Instructogram; ENL Saga
- 7 Crown King; Scree
- 8 Basic Class Schedule
- 9 Prusiks to the rescue
- 10 Lead Class Schedule
- 11 Outing Calendar, Contd.
- 12 Outing Calendar; Leaders

### **AMC NEWSLETTER**

The *Arizona Mountaineer* is published monthly by the AMC. Items for publication, subject to approval, should be sent to the editor at 6151 N. 8th Ave., Phoenix, 85013. Photos and other mountaineering photos are welcome (please submit prints). Climb write-ups ARE welcome. For info call the editor at 602-246-9341. Address e-mail to vegors@worldnet.att.net. Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates:

Personal ads: free to members.

Business ads: \$5.00 for business card; \$10.00 for half page; \$20.00 for full page \$25.00 for inserts/mo

**APRIL Deadline: 15 MARCH**

# **HOT STUFF!!!**

**COME, AND IN THE FIRES OF  
SPRING THE WINTER  
GARMENT OF REPENTANCE  
FLING. THE BIRD OF TIME  
HATH BUT A WAY TO FLY  
AND, LO, THE BIRD IS ON THE  
WING.**

— Omar K.

**SO CLIMB! BE ALIVE!  
LEARN! TEACH LEAD  
SCHOOL, TEACH BASIC,  
GO PLAY! GO!!**

### **AMC LIBRARY**

You must be an AMC member; i. e., your name must be on the most current membership list.

The circulation period is 1 month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

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## **MARCH BIRTHDAYS**

Bruce McIntyre 1, Susan Peterson 1, Kay Alderton 3, Richard Horst 6, Bill Nightwine 6, Mark Fleming 8, Lisa McLin 8, Marty Ward 8, Tui Conner 9, Wayne Schroeter 9, Addison Demlong 10, Joe Guzman 10, Jennifer Trask 10, Ronald Auerbach 11, Dave Serena 11, Bruce Donaldson 13, Kurt Korpong 13, Kathleen Shepler 13, Forest Brown 14, Jennifer Reighard 14, Shawn Donnelly 15, Ben Dignan 16, John Perlman 16, Gerald Rattley 17, Eric Leach 18, Markita Martinez 18, Shon Williams 19, Dale Carpenter 20, Randall McNerlin 23, Gary Huckaby 24, Nefertiti Buckingham 25, Jennifer Endres 27, Felipe Flores 28, Bill Kurek 28, Scott Nowacki 28, Brian Studer 29

## **MINUTES OF THE AMC BOARD MEETING: February 11, 2002**

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Board Members Present: Conners, Filsinger, Hubble, Keedy, McHenry

Committee Chairs Present: Schroeter, Vegors

Members Present: Kurzvink

I. A quorum being present, the meeting was called to order at 6:35 by President Erik Filsinger.

II. Minutes of the January were approved as published.

III. Treasurers Report was emailed to all Board Members. No comments.

IV. A Special Electronic Mail Meeting was called by President Filsinger to approve 50% funding for Level 1 Avalanche Certification Class of \$60.00. Question was approved unanimously.

V. A special Electronic Mail Meeting was called to approve renegotiations on a new mile of highway for the AMC to be responsible for cleaning. Question was not approved.

VI. Presidents Updates

1. Newly elected Officers and Directors for 2002 are:

Filsinger – President

McHenry – Vice President

Ward – Treasurer

Keedy – Secretary

Hubble - Director 2 Year Term

Hoffman – 2 Year Term

Conner – 1 Year Term

Schneider – 1 Year Term

2. Filsinger distributed copies of AMC Bylaws, Standing Rules and Standard Operating Procedures followed by discussion.

3. The agenda of the Outing Leaders Meeting that was held on January 30, 2002 was distributed and discussion followed. It was a good working group with about 20 Outing Leaders in attendance.

4. Recent equipment purchases include 100 carabineers, 20 rope bags and 3 pairs MSR Snow Shoes.

VII. Old Board Business

1. Notebook on Club Policies and Procedures – handed out to all Board Members.

2. McHenry submitted proposal of “Procedure to Inactivate Outing Leaders” Approved by Board. Summary of procedure is that Outing Leaders are to lead two days of outings per year to remain as active Outing Leaders.

3. Liability Insurance – we received a quote that appears closer to what we want and can afford, however there are some unanswered questions that Filsinger will address. Item tabled until further

answers are received.

4. Club Electronic Communications – Jeff Hatfield is now handling AMC Email

- Electronic Newsletter- bugs are still being worked out with help from Wayne Schroeter and Kirra.

- Wally is working with new procedures.

- Bruce will contact Rogil concerning any changes needed to the membership database.

- Discussion concerning Website Links – no decisions made.

- Tim Ward is handling Information requests from the Web Site.

- Bruce McHenry is handling outings through the end of the year.

VIII. New Board Business

1. Classifications Chair, Scott Hoffman is stepping down.

2. Training and Safety Chair, Wayne Schroeter is stepping down. Jeff Hatfield has agreed to serve in this capacity as interim Training and Safety Chair effective February 23, 2002.

3. In light of a recent situation where our web site received a virus, it is recommended that everyone using our website insure they have their own Anti-virus software.

IX. Meeting Adjourned at 8:50 PM

### **NEW AMC MEMBERS**

Dayna Aston

Andrew Bates

David Bay

Tisha Bee

Alan Bingham

Jennifer Brewer

Sheri Brewer

Kari Carlisle

John Carlisle

Andi Chung

Maverick Chung

Stanley Chung

Bruce Corey

Roger Cuthbertson

Bina Datta

Anna George

Erin Graton

Kenneth Hopkins

James Hunley

Phil Ivey

Stacey Ivey

Rachel Klink

Mike Knarzer

Mara Linder

Anthony Mavis

Terese Mora

Marc Mousseux

Terry Nelson

Max Olivas

Barbara Petitt

Daniel Romero

Gary Sax

Bob Sternberger

Ken Steven

Shawn Swenson

Kathy Taylor

Steven Towle

Jennifer Trask

Yen Vu

## DISCOUNT DIRECTORY

The following merchants currently offer a discount to AMC members.

Arizona Climbing Center - 1911 West Cheryl Drive, Phoenix, AZ 85021, 997-4171. Show your AMC membership card and get a 10% discount at gym and shop, special orders 20%..

Arizona Hiking Shack - 11645 N. Cave Creek Rd., Phoenix, AZ 85020, 944-7723  
Show your AMC membership card and get a 10% discount; special orders 15%.

### AMC RENTAL EQUIPMENT:

EQUIPMENT	Lb-Oz	Qty	Cost/Wk
Tents:			
4-season 2-3 man 7-6 .....	1	1	10.00
4-season 2 man ... ..	6-0	1	6.00
3-season 2 man ... ..	5-0	3	5.00
4-season 1 man bivy .....	1-15	1	7.00
Sherpa Snowshoes.....	8		5.00
MSR Alpine snowshoes ... ..			15.00
Ski poles (var. sizes).....	4		0.50
Ice Crampons.....			15.00
Snow Crampons (sizes 6-14) .....	10		2.00
In-step crampons .....	1		2.00
Gaitors (Goretex) .....	2 pr		2.00
Ice axes (70-90 cm) .....	12		2.00
Snow shovel.....	1-10	2	5.00
Snow pickets;flukes .....	10 @		5.00
MSR Multifuel Stove .....	1		3.00
Yates Big Dudes. #6, #7 ....			5.00
Haul bag.....	1		10.00
PortaLedge.....	1		50.00
Jumars .....	3		5.00
Climbing shoes ... ..	Various sizes		Call

**EQUIPMENT RENTAL GUIDELINES:** Your name must be on the most current membership list. Deposit required; varies by item; generally \$20-\$50. The two-personal-checks system works best. Advance reservation suggested. If not using the reserved equipment, please call and cancel. Call Linda Locke at 602-997-4235 for shoes. For everything else, call Paul Norberg at 602-808-9244 .

## TREASURER'S REPORT

Statement of Operations  
01/01/01 Thru 12/31/01 — final  
Category Description Amount

Category Description	Amount
<b>INCOME</b>	
Advertising.....	140.00
Equipment Rental (incl shoes).....	526.00
Interest.....	127.39
Membership Dues .....	7,370.50
Mountaineering Schools .....	670.00
Program Income .....	10.00
Tee Shirts & Etc .....	962.00
Training & Safety.....	17,507.50
<b>TOTAL INCOME</b>	<b>27,313.39</b>

<b>EXPENSES</b>	
Access .....	905.53
Access Committee.....	200.00
Administration.....	1,808.07
Bouldering Contest.....	300.00
Capital Exp.....	1,389.323
Equipment Maint.....	117.12
Insurance.....	877.51
Library .....	196.28
Merchandise Exp .....	1,164.86
Mountaineering.....	717.94
Newsletter.....	3,822.38
Outings.....	519.29
Programs .....	3,148.20
Service/Bank Charge .....	25.88
Training & Safety.....	9,128.20
<b>TOTAL EXPENSES</b>	<b>24,323.58</b>

OVERALL FOR YEAR TO DATE .....2,989.81

<b>ACCOUNT BALANCES</b>	
CD Account.....	5,116.93
Savings .....	526.22
Checking.....	5,420.96
<b>TOTAL ASSETS</b>	<b>\$11,064.11</b>

**LAST CALL —  
DUES BE DUE**

# Year of the Snake Expeditions

*A three-part show with Mike Libeck:*

## **Part One: Baffin Island - Base Jumping Extravaganza**

Spring 2001. Mike teams up to make a movie about some of the best BASE jumpers in the world jumping off some of the biggest cliffs on Earth. This adventure serves up many interesting experiences: living on the frozen ocean for over a month in sub-zero temperatures; hunting with the local Inuit people, filming in relentless arctic conditions; and of course arctic BASE-jumping in the nude.

## **Part Two: Greenland - First Ascent Solo**

Summer 2001. Mike heads for Eastern Greenland. His mission: solo first ascent of the Fox Incisor. He spends five weeks shuttling loads through serpentine glaciers, winding rivers, and fields of fabulous flowers, and swarms of mosquitoes. He will take you through the difficulties and rewards of the climb, show you some of the Inuit people and their art, and explore the exhilarating wilderness of East Greenland illuminated by the unique 24-hour arctic sunlight.

## **Part Three: China - Walking Across the Taklimakan Desert**

Fall 2001. A very different adventure tempts Mike. He decides to leave the climbing gear home, and head into the horizontal world. One week after September 11th, Mike leaves for western China: to cross the Taklimakan Desert on foot. He buys 20 camels to carry his supplies (including lots of water), hires three local Uygur camel drivers to be his support group, and

sets out to cross over 600 miles of desert from west to east. Join Mike on his journey for a fantastic 45 days of extreme heat, sand, pain, and discovery.

*This show will help benefit The Access Fund -- donations and/or new memberships will be encouraged. A raffle of gear and clothing will follow.*

The meeting will be held on Monday, March 25th, from 7:00 to 9:00 p.m. at the Los Olivos Senior Center, 2802 East Devonshire Ave., one block north of Indian School on the east side of 28th St .

## Humphrey's Peak Snow Camp and

A rugged team of eight AMCers trekked out into the snowy forest on February 2nd to see if our beloved Arizona ground hog would see his shadow this year. Indeed he saw his shadow; so we still have six more weeks of snowbirds. Participants were Ken Akerman, Erik Filsinger, Mark Hubble, James Iverson, Jim Kisler, Rich Landry, Jeff Nagel and Rob Reinhart.

With sunny weather and temperatures above freezing we hiked up the hillside. Erik, our team leader, provided helpful insights and recommendations along the way, such as don't let the front-side of your pack lay down on the wet sticky snow (Oops! as I did). We passed through various gullies that, at first glance, appeared to be sheltered places to camp. But to the trained eye, these are pathways for cold air descending at night and (most importantly) are prone to avalanche.

With eyes peeled for suitable sites we soon found a good place to setup camp (around 10,400). Some people constructed "alternative shelters" to hone their winter camping and survival skills. With quick teamwork, Jeff and Ken set-up a tent and all the provisions. And further into the woods, Jeff incorporated a 3-foot boulder as part of an inviting shelter. Rob piled up snow and then dug a comfortable cut-out to place his sleeping bag. Jim and Mark placed their trusty bivy sacks nearby. Rich setup a tent that was thoroughly anchored to tierra firma. And of course, Erik found the perfect huge boulder that was vertically flat on one side with a nicely situated area for sleeping bag and kitchen. It was so nice that I asked where the doorbell was. And yours truly kept it simple; a tarp on flat ground stretched over sleeping bag. Trekking poles under the tarp provided a mini-vestibule.

Once we all got established and marveled at our accomplishments, we slowly wound down, melted snow for water and prepared dinners. Some, like Mark and Jim (aka "Stay-Puff") dozed in the late afternoon sun wearing their puffy down jackets for comfort.

Soon, darkness was upon us. A few headlamps

poked through the darkness as we settled in for the night. Skies were still clear. Fortunately there was very little wind. Saw several falling stars and heard various noisy aircraft. With careful observation one could watch the stars slowly moving through the trees. Even better yet, saw a high but steadily moving silent sentry (a satellite!) Overnight temperatures were relatively warm, with lows about 20.

Earliest risers were up before the sun. A half-moon provided beautiful early morning lighting on the snowy forest. Soon enough, the sun was up, breakfast was done and we were lining up on the trail eager to start our summit climb. With a sure and methodical pace, Erik led the way up the trail higher and higher. We stomped through some drifts, posed for pictures along the way, and finally reached the saddle (11,800).

Was a little windy up top so we made sure we were prepared for the long  $\frac{3}{4}$  mile ridge to the summit. Snow covered some of the trail. There were some icy spots; snow was more comfortable to step on.

Quick snacks at the top (12,633), group photos and we then headed down. At the saddle we met a

few other hardy soles enjoying the mountain. We touched up on sunscreen and savored remaining water as brilliant sun warmed us up. We tried our skill at plunge-stepping down steeper slopes. Some tried glissading. Mark took an unexpected tumble into snow and emerged covered with snow. We nicknamed him "Frosty". Further down the trail, a few slippery icy patches kept us alert. Now you can call me "Skip".

Reached our campsite and readily drank refreshing water. While ready to get back to the trailhead it was sad to tear down camp. If only we could stay another day.

We all arrived back at the trailhead safe and sound; refreshed after a fun weekend on the mountain.

—James Iverson



*Ready for a comfy night snuggling a rock.*

## AMC Glacier Travel / Crevasse

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The AMC is pleased to offer a Glacier Travel and Crevasse Rescue Class April 27 and 28, 2,002. It is intended to provide a good introduction to modes of travel on snow and ice, as well as offer the basics needed to travel safely on glaciers and perform crevasse rescues. The class will cover ice ax usage, crampons, self-arrest, roped travel, snow anchors, belays, and rope techniques for crevasse rescue.

The evening session will be held on April 24 at 6:30 p.m., at a location to be determined and announced when you sign up. The weekend session will occur at Mt. Humphreys on the 27th and 28th, with back-up days of May 4th and 5th. Crevasse will be simulated!

Participants will be asked to provide their own personal equipment, e.g., warm clothing, crampon-compatible boots, ice ax, crampons, harnesses, and prussiks. Crampons and ice axes can be rented from the AMC. We have some new crampons in the AMC rental pool under the label of "ice crampons," and they will be perfect for this course as well. A complete list of suggested personal gear will be provided when you sign up.

We will provide group climbing gear, e.g., pic kets, flukes, ropes, and the like.

It is highly recommended that all participants must have completed AMC Basic School and the AARS class (or equivalent with permission of the instructor) and be a current AMC member.

The class will be limited to 20 students and will cost \$75. Full payment from those signed up will be due on April 12. Refunds will only be offered after that time if a substitute can be found.

Sign up by emailing Erik Filsinger at smorefil@aol.com.

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I would like to offer a "discounted rate" of \$25 for the Glacier Travel Class in April to any currently active AMC outing leader. Here is the text of the announcement that will appear in the next newsletter. Let me know if you are interested. Anyone who has taken this class before is welcome to help out as an assistant; just let me know that as well.

— Erik

## AMC Instructogram - Basic

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The Basic School instructor's meeting will be held at 6:30 PM Thursday, March 7th, at Sally & Dave Larimer's home, 5617 E. Windsor Ave., Scottsdale.

Drive to 56<sup>th</sup> St and Thomas or 56<sup>th</sup> St and Oak; 56<sup>th</sup> St does not go through from McDowell on the south. Closest freeway access is 52<sup>nd</sup> St. exit of 202; go north on 52<sup>nd</sup> St to Thomas or Oak, turn east to 56<sup>th</sup> St. From 56<sup>th</sup> St and Thomas, drive south to Windsor. From 56<sup>th</sup> St and Oak, drive north to Windsor. Turn east on Windsor to 5617 - white house on the SE corner of Windsor and 56th Place.

We will create gear packs, discuss changes for this class and ask for volunteers for the lectures and demos. Call Sally with questions, etc. 480-425-9689.

The Basic School dates are:

March 12, 14      Tues., Thurs.      6:00PM -  
10:00PM      Havasupai Ramada, North  
Mountain Park.

March 16, 17      Sat, Sun      8:00AM -  
5:00PM North McDowell Mountains, Scottsdale.

March 19, 21      Tues., Thurs.      6:00PM -  
10:00PM      Arizona Climbing Center.

March 23      Saturday      all day      Grad  
climbs & Grad party.

If you can host the grad party please let Sally know ASAP. Thanks

## E-Newsletter Requirements ....

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We welcome photos for the newsletter. Ordinary photographs can be used in both the printed and e-version. Snailmail or hand them to the editor.

Pictures from scanners and digital cameras *could* go in the e-version on the website if they are in JPG or TIF files at 72 dpi or greater. (JPG preferred because it is compressed and emails faster). However, to be used in the printed version they must be JPG format at 300 dpi resolution. The same photo should appear in both editions to save the editor's sanity. So 300 dpi must be the standard, which many digital cameras cannot muster but most scanners can..

It may prove practicable to have a separate photo addendum to the ENL that includes 72 dpi electronic photos that cannot appear in the printed version...??

—Ed.



## SCREE — by Wally

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Attrition, turnover, the way life works out ... this accounts for a continual slow shift in the cast of the characters (and I use the term intentionally) who make things happen in the Arizona Mountaineering Club.

An election, obviously, brings new people to the fore replacing others who contributed to the cause previously. Many factors go into a decision to run or not run for a spot on the board including the demands of work, the needs of husbands or wives or kids, health, leaving the area for school or a new job, burnout, etc.

The latest saw Bruce McHenry becoming VP as well staying on as Outings nudge. Jeff Hatfield moved from VP to the less committing job of Training and Safety Committee head – “for the rest of the year” plus taking on the email coordinators task. Penny Medlock, now living in Colorado, had done the e-mail job for AMC for a long time at long distance at major inconvenience to herself. Tim Ward moved from board member to Treasurer replacing Bill Stinson. Chris Query chose to not seek reelection. New people serving as directors include Mark Hubble and “re-treads” (ex-presidents) Tim Schneider and Tom Conner.

Many of the same committee people keep plugging away, some year-after-year, doing unglamorous, demanding, essential jobs. I could name them – but just read the committee list. It would be interesting to someday calculate the number of hours of drudgery-type effort expended in an average month that go into making AMC the club that it is.

Over all – some new people; some continuing; some back for more punishment. All the board members need everyone’s help and assistance to keep AMC doing good things for all its members. To the ones who have done their bit and relinquished the task to others – many, many, many thanks.

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Arizona has a positive embarrassment of climbing riches. Both *Climbing* and *Rock and Ice* have featured state areas in recent articles. Even club members who go often to Sedona’s Red Rocks or the “Cherry Cows” have hardly begun to dent the tick-list of named routes. New climbing guides come out far too frequently, listing still more routes that most of us don’t have time to try

and probably couldn’t manage anyway.

This brings us to T-Shirt philosophy.

One says “Climb Now, Work Later.” Another: “So Many Climbs, So Little Time – Climb Hard” And: “Work is the Curse of the Climbing Clan.”

As one school of Greek philosophers decided, moderation in everything is the way to go. The problem -- “moderation” appears to most non-climbers to be something of an oxymoron if you climb. Actually, it is not. In different situations “moderation” can be translated as “prudence” or “calculation” or “knowledge” or “being equipped” or even “being aware of your surroundings.”

AMC lets you have it both ways. You can be as aggressive and daring as you wish, tackle anything you want and yet be as safe as a daring climber can be if you have learned the lessons that Basic, Anchors and Lead Schools have taught you. But when it comes down to whether or not you show up for work on Monday – that, my friend, is your decision – it is not covered by any of AMC’s School syllabae

## Crown King Feb 2, 2002

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The day started off atypically for Arizona, gray and cold, but the group was lively and enthusiastic to get started, as much from outward stimuli as from within. With snow and ice atop the dome at Crown King, the trip up the hill from the General Store was exciting albeit uneventful.

After some bolder hopping, scrambling and bush-whacking, we got started climbing around 10:30 with Dave and Sally setting up several top ropes on 5.9’s and 5.10’s. By the time things were set up, the temperature had warmed to the mid to high 50’s and we were comfortable, especially while climbing. The sun even came out towards the end of the day. The group was small so everyone got in as many climbs as they wanted and we started tearing down around 4:30.

Back to Denny’s around 7:00, everyone was tired after a 12 hour day but, thanks to Dave and Sally Larimer, we all had fun and returned without injury. A fun, safe climb! The way it should work!!!

—John Keedy

# BASIC ROCK CLIMBING SCHOOL

## ARIZONA MOUNTAINEERING CLUB

- LEARN: Equipment care and usage    Rope handling    Climbing knots    Belaying  
Rappelling    Rock climbing techniques    Self-rescue techniques

*Interested in SAFE rock climbing? The Arizona Mountaineering Club (AMC) has been teaching basic rock climbing for over 35 years. We place maximum emphasis on safety and self-rescue.*

### **WHEN & WHERE (the class lasts 2 weeks):** Spring 2002

March 12	Tuesday	6:00 P.M. – 10:00 P.M.	*Havasupai Ramada, North Mountain Park
March 14	Thursday	6:00 P.M. – 10:00 P.M.	Havasupai Ramada, North Mountain Park
March 16	Saturday	8:00 A.M. – 5:00 P.M.	North McDowell Mountains, Scottsdale
March 17	Sunday	8:00 A.M. – 5:00 P.M.	North McDowell Mountains, Scottsdale
March 19	Tuesday	6:00 P.M. – 10:00 P.M.	Phoenix Rock Gym
March 21	Thursday	6:00 P.M. – 10:00 P.M.	Phoenix Rock Gym
March 23	Saturday	All Day	Various times, various places

\*North Mountain Park is located at Peoria and 7<sup>th</sup> St, 5 miles north of Camelback on 7<sup>th</sup> St. Turn west into the park and look for the orange traffic cones imprinted “AMC” at Havasupai Ramada.

### **WHAT YOU NEED TO BRING FOR THE FIRST CLASS:**

- Dress casually; the class will be held outside, so bring warm clothes or not, depending on the weather

### **WHAT IS PROVIDED BY THE AMC:**

- Technical climbing gear that will be used for the school (**and is yours to keep**): 1 belay/rappel device, 2 non-locking carabiners, 3 locking carabiners, 4 prusiks, one 5' sling (subject to change)
- Harness and helmet provided free by the AMC for the duration of the class if needed
- Basic climbing textbook
- Instruction through all phases of the class
- Discounts from local retailers on other climbing gear

**WHAT IS RECOMMENDED FOR THE CLASS:** Climbing shoes are recommended. The AMC rents climbing shoes, on a first-come, first-serve basis on the **second** night of class for \$10 for the class. We will discuss what to look for in a shoe on the first night of class.

**PAPERWORK:** You will be required to read, fill out and sign an AMC release of liability on the first night of class. Students under 18 **MUST** have the release signed by their parent or guardian (no students under 14 please; students 14-15 years of age must be accompanied by an older adult).

**CLASS FEE:** \$125 plus membership if not already a member (\$25 for an individual and \$30 for a family).

**REGISTRATION:** The class is limited to 40 students. To reserve a spot, send a check for \$125 + membership costs made out to AMC Basic School. Include your clearly printed name, address and current phone number(s). Mail to: AMC Basic School, 456 W. Stacey Lane, Tempe, AZ 85284. No credit cards accepted. If you have further questions, please call Kevin or Linda Kriegel at 480-705-0428. (**Please note** : \$75 is a non-refundable deposit; the rest will be returned if you cancel. If someone else can be found to take your place, the entire \$125 will be refunded.)

## WHY CARRY THOSE CRUMMY L.IITTLE SLINGS ON YOUR HARNESS?

Basic School Pays Off! ... Many of us remember the nights in Basic School we spent at the Arizona Climbing Center learning the use of those funny little lengths of rope we call "Prusiks," laboring up and down the ropes and around knots.

Well, on a recent outing to Little Granite Mountain I was reminded just how important they are to have as permanent gear on my harness. Having set a bomber anchor in (seemingly) hurricane force winds on The Loaf's "Wimpy" and "Young Monkeys," my anchor partner J.P. rapped off on a 50M rope out of sight into the approach gully to the left of the climb route. With radio confirmation (bless those radios in the wind) that he was safely off rappel I proceeded to follow only to learn that our 50M top rope was about 50M too short to reach the bottom of the actual climb. With only about ten feet of rope left and nearly 75' to go I was grateful I had tied knots in the rope ends for safety.

Now, feeling pretty stupid for getting into this mess, I'm asking myself how I'm going to recover. The wind is certainly doing nothing to help

constructive thought. Then I remember my trusty Prusiks. With the single-handed deftness of one empowered with greater confidence and skill and remembering our instruction from basic school, I managed to apply two (for maximum safety) to the rope and climbed back to the anchor. Once I was safely secured we tied on an additional rope and reclaimed the face for our party to enjoy the route.

Prusiks also proved to be useful in negotiating the grapevine knot on our double-length rope safely through our belay devices while provided security from falls to the climber. A word of thanks to Sally Larimer, Rogil Schroeter, and Clay in basic school for their instruction and reinforcement of these basic skills.

Prusiks, as insignificant and sometimes annoying as they may seem dangling around on our harnesses, prove to be one of our least expensive yet most valuable climbing tools. Thanks also to Keith Jendricks for organizing yet another great outing!

— Robert England

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# LEAD CLIMBING SCHOOL

## ARIZONA MOUNTAINEERING CLUB

### PURPOSE

This is an advanced climbing class. Even if you don't plan on leading, you will learn much about the dynamics of climbing, and it will make you a safer climber. There will be no "true" lead climbs during the class. Protecting a climb is a different skill from climbing itself. We will talk about the dynamics of lead falls, how to prepare for a climb, the differences between single-pitch and multi-pitch, the differences between bolted routes and natural pro, and we will provide actual leading exercises.

### DATES, TIMES AND PLACES FOR THE LEAD SCHOOL ARE:

Feb 26	Tuesday	6:30 pm - 9:30 pm	Dreamy Draw Park
Feb 27	Wednesday	6:30 pm - 9:30 pm	Dreamy Draw Park
Feb 28	Thursday	6:30 pm - 9:30 pm	Dreamy Draw Park
Mar 2	Saturday	9:00 am - 5:00 pm	Prescott (directions will be in syllabus)
Mar 3	Sunday	9:00 am - 5:00 pm	Prescott (directions will be in syllabus)

To get to Dreamy Draw Park take SR 51 (Squaw Peak) to Northern and turn East. This dead-ends at the Park. We will be at the big Ramada next to the parking lot. Directions to the other locations will be given out then.

### ITEMS YOU NEED FOR THE CLASS:

- 1) \$50 (\$75 for non-members). Register by sending a check payable to AMC Lead School to 6519 W. Aire Libre, Glendale, AZ, 85306. No credit cards accepted. (Please note: the registration fee is fully refundable if you cancel.) Call Rogil Schroeter at 623-878-3914 for more information.
- 2) All climbing gear (harness, prusiks, biners, etc.)

The following will not be needed the first night, if you want to wait to talk with us before making purchases.

- 3) Helmet - mandatory
  - 4) Specifically needed:
    - 2 20' (untied length) slings, preferably different colors
    - 2 10' (untied length) slings, preferably different colors
    - Nut pick
    - Quickdraws w/biners - at least 5 per person
    - All pro that you own, which may include cams, hexes, wired nuts, Tri-cams, etc.
    - Consider combining with another person to have enough gear
  - 5) Hiking boots or shoes with stiff soles for Saturday, climbing shoes for Sunday
  - 6) Optional: kneepads for Saturday (\$3-6 at Home Depot, \$5 volleyball pads at sporting goods stores)
- (Note: the first night, you will need harness and biners)

### ITINERARY

<u>Tue</u>	Lecture, slide show: Introduction, the lead fall, equipment
<u>Wed</u>	Lecture, slide show: Equipment (continued); the Process and Techniques of Leading
<u>Thu</u>	Lecture, slide show: Multi-pitch techniques, the descent, leader rescue, aid climbing
<u>Sat</u>	Prescott: practice natural pro placement (Sullivan Canyon)
<u>Sun</u>	Prescott: practice leading on bolts (Watson Lake)

## AMC OUTING CALENDAR (Continued from page 12)

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- Apr 19 Phoenix Bouldering Contest. (Not an official AMC outing — see Billboard) Apr. 19-20-21.  
Apr 24, 27,28 Glacier Travel and Crevasse Rescue Class. Evening session on the 24th, location TBD.  
Weekend session at Snowbowl. Preference for Basic School and AARS completion or with permission of instructor. Cost is \$75. Sign up via email to smorefil@aol.com. Erik Filsinger 602-906-1186.  
May 18 Paradise Forks. Limit 15. Stiff climbing on hard basalt in the cool northern pines. Sign up starts April 1. Jeff Hatfield 480-783-8779 or jeffandsusan@mindspring.com. No pets please.  
May 25 Promised Land. Classic Canyon Crags in the Chino Valley north of Prescott. 5.7-5.11. Limit 12  
Frank Vers 480-947-9435.  
May 25-28 Indian Creek. The Annual Pilgrimage to the Land of Stupendous Sandstone and Cantankerous Cracks. Richard Horst 602-953-9198.

\*Group outings: The campsite, where possible, is reserved by the AMC. There is no designated leader, although there may be a leader to work with non-leaders (call to find out). Call to find car-poolers. Parking is first-come, first-served in some cases. To request outings: Call Outings Chairperson Bruce McHenry 602-952-1379. To cancel: Please call the outing leader to cancel as soon as possible: there may be a waiting list. Also, the leader will know not to wait for you on outing day.

### BILLBOARD

#### Other Scheduled Events

Outings listed in these sections are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared and equipped with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

- Mar 27&1 Apr PBC volunteers briefing/signup — Bob Zimmering 602-231-1353  
Apr 19-21 Phoenix Bouldering Contest — a party that is beyond Superior.  
Tuesdays Arizona Climbing Center. 6:00 p.m., Rogil Schroeter, (623) 878-3914.  
Wednesdays North Mountain Hikes Eves . Rogil Schroeter, (623) 878-3914 rogil.schroeter@honeywell.com

#### Commercially Provided Training and Events

The events listed below are provided by commercial outfitters for the benefit of AMC members. These are not AMC Outings, nor are they led by AMC Outing Leaders, though they may be open only to AMC members. The commercial outfitter is solely responsible for all aspects of the outing, not AMC. While, in most cases, an AMC member may provide a service by AMC collecting the names of prospective participants and handling the logistics for out-of-town events, participants will sign up directly with the commercial outfitter.

The following classes/outings are being offered to AMC members through Southwest Adventures, a professional guide service located in Durango, Colorado. Please contact Erik Filsinger for more information at smorefil@aol.com if you are interested and want to sign up.

- Mar 29-30 AMC Multi-pitch Ice climbing, \$235 for 2-days, \$190 for the second day alone. Erik Filsinger 602-906-1186

**FOR SALE:**

5-10 "Foot Tool" rock shoes. US 7's  
Euro 39 1/2 Purple \$50 Jim Holloway  
602-502-5310

**FAIR WARNING —  
DUES BE DUE!**

## AMC CALENDAR OF EVENTS

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*Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The outing leader is not responsible for your safety, you are. Please contact the outing leader before going on an outing, discussing your capabilities with the outing leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the outing leader. Those accompanying minors are responsible for the minor's safety.*  
**WHEN & WHERE & WHAT & WHO .**

- Feb 26 Lead School. Feb 26,27,28 Mar 2,3. \$50, \$75 non-members. Rogil 623-878-3914.  
Mar 7 Basic Climbing School Instructor Meeting. Sally Larimer 480-425-9689.  
Mar 7 Alpine seminar series. Introduction to the series. Erik Filsinger's slide show on the history of mountaineering to set the stage for the discussion topics and group projects over the next year. This is a good seminar to attend to see what topics you may wish to attending later. PV REI at 6:30 - 8:30 pm.  
Mar 12 Basic Climbing School. Mar 12, 14, 16, 17, 19, 21, 23. \$125, \$150 non-members. Kevin or Linda Kriegel 480-705-0428.  
Mar 25 AMC Meeting. Mike Libeki program on Baffin Island, Solo Greenland Fang, Camel hike across China Desert, plus equipment raffle for Access Fund.  
Mar 29-30 Durango Ice. (See Commercial section.)  
Mar 30 Zonerland. Sport climbs in the Supes. One hour approach but well worth it. 5.8-5.11. Limit 12. Frank Vers 480-947-9435  
Mar 30 Queen Creek Cleanup and Climb. Charlene Todd 480-917-5354.  
Apr 4 Anchors School Instructor Meeting. Tom Conner 480-897-7623.  
Apr 4 Conditioning. Alpine seminar series. Paul Norberg will give the secrets to conditioning for mountain-eering. This is really where it all begins. Please come to the PV REI at 6:30 - 8:30 p.m. Call Erik Filsinger for details at 602-906-1186.  
Apr 6 Jack's Canyon. Limit 12. Reserved for recent basic school grads. 5.6-5.11. You will need your won climbing gear for this outing. Sign up during Basic School. Jeff Hatfield 480-783-8779 or jeffand susan@mindspring.com. No pets please.  
Apr 9 Anchors School. Apr 9,11,13,14. \$50, \$75 non-members. Rogil 623-878-3914.  
(Continued on page ).

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## AMC OUTING LEADERS

Requirements for becoming a leader: take the basic, AARS and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Scott Hoffman at (623) 580-8909.

Bill Berkley .....	480-945-4346	Tim Medlock .....	719-494-1171	Jef Sloat.....	602-843-2490
Sally Borg Larimer...	480-425-9689	Jeff Nagel.....	602-318-9538	Bill Stinson.....	602-547-2560
Tom Conner .....	480-897-7623	Paul Norberg.....	602-808-9244	Mick Strole .....	602-788-4031
John Ficker.....	602-867-1487	Paul Paonessa.....	602-493-7356	Rick Taylor.....	623-487-8507
Eric Filsinger.....	602-906-1186	Chris Query .....	480-967-9268	Tim Ward.....	602-212-1929
Jeff Hatfield .....	480-783-8779	Brad Sanders .....	480-961-3674	Frank Vers .....	480-947-9435
Scott Hoffman .....	623-580-8909	Tim Schneider .....	480-497-8377	Gary Youngblood.....	602-508-9696
Richard Horst.....	602-953-9198	Rogil Schroeter .....	623-878-3914		
David Larimer.....	480-425-9689	Wayne Schroeter.....	480-829-9313		

# March 2002

## AMC Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 <i>Lead School</i>
3 <i>Lead School</i>	4	5	6 <i>Sun Up-6:51 Dn-6:30 Moon Up 1:51a</i>	7 <i>Basic Instrs.  Alpine Seminar</i>	8	9
10	11 <b>AMC Board Meets</b>	12 <i>Basic Climb School</i>	13 <i>Sun Up-6:42 Dn-6:35 No Moon</i>	14 <i>Basic Climb School</i>	15	16 <i>Basic Climb School</i>
17 <i>Basic Climb School</i>	18	19 <i>Basic Climb School</i>	20 <i>Sun Up-6:32 Dn-6:40 Moon Dn midnt</i>	21 <i>Basic Climb School</i>	22	23 <i>Basic Grad Climbs &amp; Party</i>
24	25 <b>AMC Mtg —Libeki Show</b>	26	27 <i>Sun Up-6:23 Dn-6:45 Moon Up 5:48p</i>	28	29	30 <i>Zonerland.  Q.Cr Clean &amp; Climb</i>
31						